



FSARN

Florida State Association of Rehabilitation Nurses' Newsletter

Mission Statement: The Florida State Association of Rehabilitation Nurses promotes and advances professional rehabilitation nursing practice through education, advocacy, collaboration and research to enhance the quality of life for those affected by disability and chronic illness.

Volume 24 Issue 1

WWW.FSARN.org

March 2014

President's Address

Barbara Martelli, RN, CRRN, CBIS

It is time to "**Rekindle Your Passion for Rehab Nursing**" at our upcoming FSARN Conference May 7-9, 2014 at the Wyndham Resort in Lake Buena Vista.

If you haven't already registered, there is still time, but don't delay as you will be missing out on the opportunity of earning 17 Contact Hours including the two hour mandatory, CE for Florida Board of Nursing Laws and Rules, for licensure renewal. This year we are offering three tracts that will be of interest to those new nurses in rehab, worker's compensation case managers and those who deal with RAC/MAC and other audits and appeals. Thursday evening there will be vendor reception at poolside, weather permitting, with prizes and live entertainment. Please be sure to schedule your hotel reservation at the Wyndham under FSARN so that we make our room block. You can obtain all the information regarding the conference by visiting the web site at fsarn.org. Hope to see you all there for 2 days of education, networking and fun!

In 2013 scholarships were awarded to 11 recipients to attend the FSARN conference and 5 to the ARN Conference in Charlotte, N.C. We are on track to provide the same number of scholarships again in 2014. I would encourage you to start thinking about applying for a scholarship to attend the ARN conference which is in Anaheim, California October 29 – November 1, 2014, or you may want to enhance your leadership skills by attending the Leadership Course that is offered prior to the conference. All scholarship applications must be post marked 30 days prior to early registration and should be sent to Karen Dimick, Scholarship Chair.

We have a new Newsletter Chair, Sue Sharman who has developed a new format similar to the ARN Communique. Thank you Sue for taking the baton from Sue Brown, who did an outstanding job for many years. Communication is key to our organization and I hope you all enjoy the information provided by your colleagues.

Linda Bertino, Membership Chair, has been working with some of our members who have expressed interest in rekindling the spark to get some of the dormant districts active again in areas for Dade, North Central (Gainesville area) and Volusia/Flagler. Anyone in those areas interested in learning more should contact Linda at rainbeaus@ymail.com. or any of the board members who are ready and willing to provide mentorship and support.

Broward Association Of Rehabilitation Nurses

Report

The 2014-2016 Board: President-Sue Sharman,
President-Elect-Ellen Ortu,

Treasurer-Peggy Rosier, Corresponding Secretary-Susan Krinsky, Recording Secretary-Viki Solomon, Past President Ina Fletcher, Directors at Large-Sue Brown & Carol Mangan.

BARN held it's annual educational conference – Rehab Update 2014 on March 7th which was very successful. Therefore BARN is able to offer scholarships to the State conference May 7-9th at the Wyndham in Orlando. We are already planning for Rehab Update 2015 March 6th 2015 ! BARN publishes a year book for its current 73 members.

We meet the 3rd Tuesday of the month at either lunch or dinner time and provide a contact hour presentation at different locations.

ssharman@regalhomeservices.com
President

Northeast (NEFSARN)

Current Membership - Active: 18 Booster: 1 (non-voting)

Meetings are held on the 4th Monday of every month except November and December. May meeting will be 3rd Monday due to holiday. Goal is to provide one continuing education hour per meeting. Meetings are held at Brooks Rehabilitation Hospital from 5-7 P.M. Members have volunteered to rotate providing food for the meetings.

During December we met at the home of Jean Kurkowski and enjoyed food and friendship. We collected clothing items and monetary donations for the Philippine disaster relief fund.

Members will be participating in the "2014 NEFSARN Member Challenge". The challenge was developed to allow members to be more active in the association through voice and participation. Challenge goals include attending meetings regularly, each obtaining one new member this year, suggesting topics for speakers, suggesting and participating in community service activities, and planning fundraising activity. Points will be earned for goals met and raffles will be held quarterly.

Contact: Kerry Nowroozi at: kerryn@comcast.net

FSARN CONFERENCE UPDATE

The 2014 FSARN Conference promises to be great! “Rekindle Your Passion For Rehab Nursing!” Who better to start the fire than Michelle Camicia? Michelle is the Immediate Past-President for ARN. Michelle is a dynamic individual. I first met her when I attended ARN Leadership in Chicago in 1999. She was a bundle of energy then, and that certainly hasn’t changed. If you have not had the good fortune to hear her speak-this is an opportunity that you do not want to miss! She will be touching on the White Paper: The Essential Role of the Rehabilitation Nurse in Facilitating Care Transitions as well as how to optimize the meaning of work as a rehabilitation nurse. Who among us doesn’t want more meaning in some of our day to day work challenges? Transitions of Care is the new buzz word this year and crosses the entire spectrum of care.

Research topics this year include brain injury and stem cell therapy. I am very excited to hear these presentations. We will have speakers on value based purchasing for post-acute care and bundled payment reimbursement model. These sessions will address the value of rehabilitation nursing and how to keep us viable in the new health care environment. Some other clinical topics will address management of PTSD and pre-prosthetic care. Fall prevention with use of Tai Chi is being presented- this is a new modality to address fall prevention and there will also be an optional practical application session for anyone who is interested on Friday morning. There will be an ethics presentation that focuses on social media. How timely is this topic? This is sure to be a lively session with Rafael Gonzalez!

On Wednesday evening Lisa Pervin will be presenting the new mandatory CE for the Florida Board of Nurse Laws and Rules. This is going to be a great session and lots of fun! Plan now to arrive early as this one starts at 6:00pm. Pain management is a hot topic that is always requested by the membership. This year there will be a general session addressing non-opioid options as well as a break out session on pain management for the Worker’s Comp nurses.

There will be two additional tracks this year. Lisa Pervin will speak on the appeals and denials process. This one is geared for the managers and case managers who deal with this on a daily basis. We are also featuring for the first time a Novice to Expert track entitled “Becoming...Acquiring a Passion for Rehab Nursing.” I am really excited about this one. See the excerpt from Cindy Hernandez who will be leading this session:

“For new nurses transitioning into rehab; the most difficult part is the rehab philosophy- transitioning from med/surg nursing into being a confident member of the interdisciplinary team- encouraging patients to be more independent- even when it takes longer to watch them struggle instead of putting on their shoes- and telling the PT that the patient is not min assist for transfers at 4pm. That is truly the difference in an expert Rehab Nurse. If you can’t do that then you are not an effective rehab nurse and patient outcomes suffer.”

I hope that you will encourage those new nurses and those *new to rehab* nurses that you work with to attend and participate in this session. This would be a great way to help your staff nurses celebrate Nurses Week and help them to feel that they are part of FSARN! Attending this conference is also a great way to re-energize some of your more seasoned staff members. I know that attending the FSARN conference always gets me revved up!

The program committee has taken all of the suggestions from the attendees and incorporated them into the 2014 Conference in one way or another. As always there will be a reception on Thursday evening and this year we are planning to have it outside. I can’t wait to see what Anabel and the vendor committee has planned for us this year. The trivia game and prizes was a big hit last year. I am also looking forward to a return appearance of the Triple by Pass Band! Those guys are great!

REPORT FROM SUE BROWN

Produced for FSARN by

REGAL HOME SERVICES

**1-855-56REGAL
(1 -855-567-3425)**

Application and Deadlines to apply for 2014 FSARN Scholarships

Thanks to : Karen Dimick

- 1. Region 3 Conference 2 Scholarships Available Deadline 3/6**
"Riding the Rapids of Rehabilitation"
April 2-4, 2014 Columbus Marriott, Columbus Georgia
Amount \$815 each
Essay Topic: Recommendations on how FSARN can be more effective for the membership.
 - 2. FSARN Conference 10 Scholarships Available Deadline 3/21**
May 7-9, 2014
Wyndham Lake Buena Vista Resort, Orlando Florida
Amount \$375 each
Essay Topic: Recommendations on how FSARN can be more effective for the membership.
 - 3. ARN Conference 5 Scholarships Available Deadline 8/22**
October 29 – November 1, 2014
The Disneyland Hotel, Anaheim, CA
Amount \$1470 each
Essay Topic: Your practice as a rehabilitation nurse
 - 4. ARN Leadership Conf 1 Scholarships Available Deadline 8/22**
Amount \$340
Please note this is an additional scholarship for the ARN Leadership course that requires a separate application and does not include airfare assistance
(Must apply for ARN Conference Scholarship and Leadership Course)
- 5-6. We also have scholarships for completion BSN/MSN courses and if you've become a CRRN this year.**

3rd Annual Promoting Quality of Life in Persons with Disability April 25, 2014

The members of West Coast Association of Rehab Nurses want to invite you to join us at our meetings for networking, education and collegiality. We meet every other month on 2nd Tuesday of the month from 5pm-7pm. Our objective is to provide 1 CNE each meeting time and frequently have dinner sponsored for our meetings. Our normal meeting place is

CBD'S, Southside Italian Restaurant,
3671 S. Westshore Blvd. Tampa, FL 33629

Meetings: 5p - 7p with one guest presentation

Contact Person: Cindy Hernandez at
cindybooks73@gmail.com

We would like to invite you participate in our Upcoming Educational Conference too. This April the West Coast Association of Rehabilitation Nurses is planning our **3rd Annual Quality of Life Conference** on **April 25th** from **7:30 to 4:15** at the James A Haley Veterans' Hospital in the SCI Center. Keep in touch – we are planning a *Rehabilitation Nursing Core Curriculum Review* if you are interested in attending please contact us.

If you are attending the FSARN Educational Conference in Orlando, I would like to meet you and invite you to one of our meetings in person.

Cindy Hernandez

information or have any questions- Contact Cindy Hernandez @ cindybooks73@gmail.com

LOCATION, James A. Haley Veterans' Hospital

13000 Bruce B. Downs Blvd. Tampa, FL 33612

SCI Middle Dining Room, Building #38

Date and Cost

April 25, 2014 07:30am

\$59 dollars by April 4th. \$79 dollars after April 4th.

COURSE DESCRIPTION: This course is designed to increase awareness of issues which impact individuals with disabilities and provide health care professionals with strategies to assist persons with disability in improving quality of life.

OBJECTIVES : Identify issues which impact quality of life for persons with disability. Promote interdisciplinary team interventions that improve the quality of life in persons with disability.

TARGET AUDIENCE : Nurses, Physical Therapists, Occupational Therapists, Social Workers, Speech Language Pathologists, Psychology.

If you would like a brochure, to register, want further information or have any questions:

Contact Cindy Hernandez @ cindybooks73@gmail.com

Florida State Association of Rehabilitation Nurses Presents:

“Rekindle Your Passion For Rehab Nursing”

Florida State ARN Educational Conference
May 7 – 9, 2014
17 Nursing Contact Hours
Wyndham Lake Buena Vista Resort
Orlando, Florida

Target Audience: Specifically designed for Rehabilitation Nurses, Case Managers and other Allied Health Care Providers

Continuing Education Information:

- 17 Contact Hours have been applied for (FSARN Provider # FBN-50-777) (12 for the conference, 1 optional poster CE, 1 optional vendor CE, 1 optional tai-chi CE and 2 optional on Wednesday evening)
- 14 Contact Hours have been applied for CRC,CCM &CDMS (12 for the conference and 2 optional on Wednesday evening)

Contact Information:

For General Conference Info contact: Donna Bagley at 954-234-0260 or fsarnboardmember@gmail.com

For Registration Information contact: Peggy Rosier at flupzee2@comcast.net

For Vendor Information, Please Contact:

Anabel Velazquez at 407-677-8585 or anabel_velazquez@yahoo.com

CONFERENCE HIGHLIGHTS

- Learn how tai chi movements can reduce falls
- Breakout Sessions
- ARN immediate Past President Presentation
- Breakfasts, lunches and reception included
- New Florida BON mandatory 2 hour CE
- Networking opportunities
- Conveniently located on Disney property
- 17 CE available

POSTERS

Submit your poster and be a part of the conference. Information on submitting a poster can be found at www.FSARN.org or contact Diana Allen at dallenrn5@yahoo.com.

Rekindle Your Passion For Rehab Nursing

Our Goals: The primary goals for the annual educational conference are to increase attendee's awareness of new trends in rehabilitation healthcare and to support the continued growth of rehabilitation nursing and individual nurses.

Objectives: The participant will be able to:

1. Discuss the role of stem cell therapy for a patient's quality of life.
2. Describe the characteristics of PTSD in the rehabilitation patient and the available treatment options.
3. Identify risk factors of falls and the use of tai chi movement for better balance.
4. List pain management strategies for acute and chronic pain patients.
5. State the impact of post-acute bundling on the care of rehabilitation patients.

Wednesday May 7, 2014

6-8pm **New Mandatory CE for Florida Board of Nursing (BON) Laws and Rules**
 (2 contact hours that meets the new Florida Requirement for mandatory relicensing education)
 Open to all registrants and is included in your conference registration
 Speaker: Lisa Pervin, PhD, RN, CRRN

Thursday May 8, 2014

- 7:00-8:15 **Registration and Breakfast with Vendors**
- 8:15-8:30 **Welcome**
 Barbara Martelli, RN, CRRN, President FSARN
 Donna Bagley, RN, MSN, CRRN, Conference Chair
- 8:30-9:30 **Rekindle Your Passion For Rehab Nursing**
 Michelle Camicia, MSN, RN, CRRN
- 9:30-10:30 **The Role of Stem Cell Therapy in Patients' Quality of Life**
 Darcy DiFede, RN, BSN, FAHA
- 10:30-11:00 **Break & Networking with Vendors**
- 11:00-12:00 **The Rehabilitation Nursing Contribution to Value-Based Purchasing for Post-Acute Care**
 Robert Habasevich, MS, PT
- 12:00-1:00 **Sit Down Lunch (provided) with the Vendors**

Friday, May 9, 2014

- 6:00-7:00 **Optional CE: Fall Prevention Practical Application of Tai Chi Movements**
 Instructor: Reikan Lin
- 7:00-8:00 **Registration & Breakfast with Vendors**
- 8:00-8:30 **Annual Membership Meeting**
 FSARN Board and General Membership
 Open to all members of FSARN and guests.
 We welcome and encourage all attendees to attend.
- 8:30-9:30 **Post-Acute Care Initiative: Bundled Payment Reimbursement Model**
 Joanne Hoertz, RN, MSN, CRRN
- 9:30-10:30 **Chronic Pain Treatment: Non-Opioid Options**
 Robert G. Valentine, Jr., MD
- 10:30-11:00 **Break & Networking with Vendors**
LAST CHANCE TO REGISTER FOR PRIZES
BID ON SILENT AUCTION
- 11:00-12:00 **Pre-Prosthetic Care**
 Jason Rudder, VP, COO and Alan Warman
- 12:00-1:00 **Sit Down Lunch Provided**
- 1:00-1:30 **Silent Auction Winners Announced and Vendor Giveaway Drawings**
- 1:30-2:30 **Medical Management of Post-Traumatic Stress Disorders**
 Michael Coupland, CPsych, CRC
- 2:30-3:30 **Maintaining Ethics With Social Media**
 Rafael Gonzalez, JD
- 3:30-4:00 **Closing Remarks**
 Evaluations & CE Certificates

	1:00-3:00 Choose One Track
TRACK 1:	Focus on Managers/CM/UR/Appeals Navigating the Water and Mitigating the Risks...Your Role in the Appeals and Denials Process Lisa Pervin, PhD, RN, CRRN
TRACK 2:	Focus on Workers' Comp Treatment Regimens For Both Acute and Chronic Pain Patients Paul Meli, MD and Joseph Hadi, MD
TRACK 3	Focus on Clinical: From Novice To Expert Becoming...Acquiring a Passion For Rehab Nursing Cynthia Hernandez, MSN/Ed, RN, CRRN

- 3:00-3:30 **Break & Networking with Vendors**
- 3:30-4:30 **Brain Injury Research**
 Latha Ganti, MD, MS, FACEP
- 4:30-5:30 **Fall Prevention With the Use of Tai Chi Movements**
 Lisa VanderWerf-Hourigan, MS and Reikan Lin
- 5:30-7:00 **Evaluations, CE Certificates & Vendor-sponsored Reception**

Additional Optional CE: A separate sign in sheet and evaluation is required to receive these CEs.

1 Nursing CE Vendors 1 Nursing CE Posters

Both CE available from Thursday May 8, 2014 at 7:00 am to Friday May 9, 2014 at 1:30 pm in the vendor area.

FSARN
c/o Peggy Rosier
14775 SW 18th Court
Davie, FL 33325

Florida State Association of Rehabilitation Nurses Presents... “Rekindle Your Passion for Rehab Nursing”

About the Conference Location.....

Wyndham Lake Buena Vista Resort
1850 Hotel Plaza Blvd
Lake Buena Vista, FL 32830
Reservations: 800-624-4109

Accommodations: A barrier free environment Single or Double \$115.00 per night plus taxes (12.5%) and \$10/night resort fee. Rate can be extended thru the weekend at the same rate. Complimentary self-parking and Valet \$12/night. Specifying FSARN 2014, rate guaranteed until: 04/06/2014

Reservations: Call hotel at 800-624-4109 or via internet at: <http://www.wyndhamlakebuenavista.com>
Those needing special accommodations should contact Lisa Pervin at 727-517-6162 or lisa@bbpconsulting.com

Directions: From I-4, exit 68; go north on S Apopka Vineland Rd. Left at the first light onto Hotel Plaza Blvd.



Registration Form FSARN Educational Conference May 7-9, 2014

Name: _____ RN License #: _____
 Employer: _____ ARN Member #: _____
 Title: _____ Home Phone: _____
 Address: _____ Work Phone: _____
 City: _____ State: _____ Zip: _____ Email: _____

Please Print Clearly

Fee:	By April 5th	After April 5th	
2 Days ARN Member	\$225.00	\$250.00	\$ _____
2 Days Non-ARN Member	\$275.00	\$300.00	\$ _____
1 Day ARN Member	\$115.00	\$125.00	\$ _____
Day Attending: Thursday _____ Friday _____			
1 Day Non-ARN Member	\$150.00	\$150.00	\$ _____
Day Attending: Thursday _____ Friday _____			

Make Check Payable to: FSARN (credit cards accepted online only) **Total Amount Enclosed:** \$ _____ (No faxed registrations accepted)

If planning on attending the Wednesday evening Seminar Yes _____ No _____

Please mark the track you intend to attend on Thursday May 8, 2014 from 1:00pm to 3:00pm:

Track 1: Focus on managers/CM/UR/appeals _____ **Track 2: Focus on Workers Comp** _____ **Track 3: Focus on clinical** _____

Mail this completed registration form with check or money order (credit cards not accepted by mail) to:

FSARN
 c/o Peggy Rosier
 14775 SW 18th Court
 Davie, FL 33325

**Early Registration Discount Deadline
 POSTMARKED BY April 5, 2014**

Online Registration:
www.FSARN.org

**Lunch & Materials not guaranteed with walk-in registration
 No Refunds After April 26, 2014**

Michelle Camicia, MSN, RN, CRRN
 Director, Clinical Operations
 Kaiser Foundation Rehabilitation Center
 Vallejo, CA

Joanne Hoertz, RN, MSN, CRRN
 Vice President, Nursing and Support Services
 Brooks Rehabilitation Hospital
 Jacksonville, FL

Michael Coupland, CPsych, CRC
 Integrated Medical Case Solutions
 West Palm Beach, FL

Reikan Lin
 Florida Department of Health, Injury Prevention Program
 Tallahassee, FL

Darcy DiFede, RN, BSN, FAHA
 Director of Research
 University of Miami
 Miami, FL

Paul Meli, MD
 Meli Orthopedics
 Fort Lauderdale, FL

Latha Ganti, MD, MS, FACEP
 Toral Family Foundation
 Davie, FL

Lisa Pervin, PhD, RN, CRRN
 Regional Clinical Director
 MileStone Healthcare
 Largo, FL

Raphael Gonzalez, JD
 Gould and Lamb
 Bradenton, FL

Jason Rudder, VP, COO
 SouthBeach Orthotics and Prosthetics
 Boca Raton, FL

Robert Habasevich, MS, PT
 Mediware Rehabilitation and Respiratory Solutions
 Tampa, FL

Robert Valentine, Jr., MD
 Interventional Medical Associates
 Gainesville, FL

Jospeh Hadi, MD
 Anesco Interventional Pain Institute
 Margate, FL

Lisa VanderWerf-Hourigan, MS
 Florida Department of Health, Injury Prevention Program
 Tallahassee, FL

Cynthia Hernandez, MSN/Ed, RN, CRRN
 SCI Rehab Nurse Educator
 James A Haley Veterans' Hospital
 Tampa, FL

Alan Warman
 SouthBeach Orthotics and Prosthetics
 Boca Raton, FL