



# FSARN

## Florida State Association of Rehabilitation Nurses' Newsletter

Mission Statement: The Florida State Association of Rehabilitation Nurses promotes and advances professional rehabilitation nursing practice through education, advocacy, collaboration and research to enhance the quality of life for those affected by disability and chronic illness.

Volume 24 Issue 2

[WWW.FSARN.org](http://WWW.FSARN.org)

September 2014

### Nominating Committee

It seems like we were just in Orlando at the 2014 FSARN Conference; my how the summer has flown by! The conference committee is planning for the 2015 Conference which will include a general membership board meeting and the installation of officers for the 2015-2017 board of directors. We are seeking candidates for the positions of President-Elect, Treasurer, Recording Secretary, Corresponding Secretary and Nominating Chair. The new board will commence their two year terms July 1, 2015.

A brief description of each position is outlined below. Candidates must be RNs, ARN and FSARN members in good standing and a member of their district if available. Officers are expected to attend or participate in telephonic board meetings and attend the annual membership meeting.

The President-Elect is the chair of the annual FSARN education conference and performs duties of the president in his/her absence. The President-Elect automatically succeeds to the office of the president.

The treasurer is responsible for all funds and securities of the chapter and is the custodian of those records, The treasurer works with the district treasurers, maintains accurate accounting of all monies and provides reports to ARN.

The recording secretary takes and maintains minutes of all of the board meetings. The recording secretary provides reports as requested. The corresponding secretary is responsible for all correspondence for the chapter and maintaining a current phone tree. The corresponding secretary may take minutes in the absence of the recording secretary.

The nominating chair is responsible for submitting a slate of candidates for elected board positions and overseeing the ballots, elections and coordinating the installation of officers at the annual membership meeting.

Please consider nominating yourself or a member of your district for a position on the board. Participation on the board is a fun, educational and rewarding experience. Please don't hesitate to ask questions if you would like additional information. Participation on the board is a great way to develop and enhance leadership skills. You may also want to consider attending the ARN Leadership Course that will be held, October 28, 2014 just prior to the ARN Conference in Anaheim, CA. Please contact Sue Brown at [suebrowncrrn@gmail.com](mailto:suebrowncrrn@gmail.com) or any of the FSARN board members if you would like to consider running for office. The election will take place next year and the ballots are anticipated to go out in February or March of 2015.

Respectfully submitted,, Sue Brown, MSN, RN-BC, CRRN, CCM, RNA

### Scholarship Committee Expands and Offers Several Scholarships Until Year's End

The Scholarship Committee has grown to include representation from the various geographic areas of Florida: Northwest, Northeast, Central, Southwest and Southeast.

We are still accepting applications for the following 2014 scholarships:

1. [BSN/MSN College Scholarship](#)

2 scholarships available in variable amounts according to committee discretion

*Essay Topic:* Your commitment to rehabilitation nursing

2. [CRRN Scholarship](#)

Awarded to members who have successfully passed the CRRN exam

*Essay Topic:* How becoming a CRRN will enhance my practice and involvement in rehabilitation nursing

Applications and further criteria are on the website at <http://www.fsarn.org/scholarshipapplication.htm>

Karen Dimick , Scholarship Chair

**Committee:** Membership, **Chair:** Linda Bertino

Our current ARN Membership is: ARN: 376: Tri-level: 325: Prospective: 51

At our conference in May we did a membership promotion, which included the awarding of two ARN/FSARN Memberships. The first time attendee was Carole Stewart from Lake Worth, who was not a member and the Raffle winner was Cynthia Bifulco from Tampa who was due for a membership renewal. The map of the State was also a big hit and we had 1 from Saudi Arabia; 19 from the Northeast; 21 from Central; 15 from Broward and 22 from the West Coast. Definitely something to continue at future conferences.

# Dates to Save

**December 2nd. 2014**

**BARN's Holiday Dinner**

**BARN Conference**

**March 6, 2015**

**Rehab Update 2015 all day**

**CONGRATULATIONS  
LISA PERVIN AND MARGARET RICCARDI  
BOTH WON ROLL AWARDS AT ARN**

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# Never Miss a Webinar Again!

ARN's popular live quarterly webinar series is now available as an endured offering, with on-demand viewing free to ARN members. CE credit is also available for a fee.

Two endured webinars are now available. *What Engages Rehabilitation Nurses: Creating a Satisfying Work-Life Balance* is available [here](#) and *The Role of Simulation in Rehabilitation Nursing* can be found [here](#).

## To Claim Credit

- Read the learning objectives and faculty disclosures
- Follow the instructions on your email receipt to view the webinar and access the post-test
- Complete the online post-test and evaluation prior to printing out the certificate of completion

Pricing ARN Member: \$35 Nonmember: \$50

## What Engages Rehabilitation Nurses:

Creating a Satisfying Work-Life Balance

Recorded webinar presented by ARN on March 12, 2014

### Featured Speaker

**Joan P Alverzo, PhD RN CRRN**, Chief Clinical Officer, Kessler Institute for Rehabilitation, West Orange, NJ

### Summary

In a recent poll of ARN members, two thirds reported having issues with work-life balance and staff nurse engagement. This endured webinar explores some of the myths and realities behind this issue and provides practical strategies and approaches to increase engagement and establish a better balance. Nurse engagement has been shown to have a direct impact on quality outcomes, and evidence from the literature related to nurse engagement is analyzed from the perspectives of individual engagement, work-group engagement, magnet principles, and empowerment. The variables that can predict nursing engagement, both from the individual nurse and work-group perspectives, are presented, as well as strategies for creating an optimum work-life balance.

### Learning Objectives

- Differentiate myths from reality related to job stress and job satisfaction
- Identify the source of stress and frustration for the staff nurse within the work environment
- Evaluate the staff nurse role in terms of empowerment, engagement, and leadership
- Analyze strategies for increasing staff nurse engagement

Credits 1.5 nursing contact hours Visit the [ARN website](#) to access this endured webinar.

## The Role of Simulation in Rehabilitation Nursing

Recorded webinar presented by ARN on June 26, 2014

### Featured Speaker

Sharon Decker, PhD RN ANEF FAAN, Professor and Director of Clinical Simulations, Texas Tech University, Lubbock, TX

### Summary

This webinar will provide an overview of the pedagogy of simulation. Current evidence-base findings will be presented to assist in exploring how simulation-based activities can assist in promoting safe, quality patient care. Participants will explore different modalities of simulation and discuss several debriefing techniques appropriate for the rehabilitation arena.

### Learning Objectives

- Discuss the pedagogy of simulation and its impact on healthcare education and practice
- Explore the current and future role of simulation in the rehabilitation arena
- Describe the use of simulation-enhanced interprofessional education in the rehabilitation arena
- Differentiate the components of a simulation-based activity; pre-brief, scenario, and debrief

**Credits** 1.5 nursing contact hours

Visit the [ARN website](#) to access this endured webinar. If you encounter problems with any part of the activities, please contact ARN. Click [here](#) to e-mail us, or call [800.229.7530](tel:800.229.7530).



# 40th Annual Educational Conference

October 29–November 1, 2014  
Anaheim, CA

## Join Us in Anaheim as We Celebrate 40 Years of ARN



Register today for the ARN 40th Annual Educational Conference in beautiful Anaheim, CA. Conference sessions cover clinical knowledge, patient-focused topics and organizational essentials. We will also mark this important anniversary with additional special events to make this a truly memorable conference.

As always, a wide variety of [preconference sessions](#) and [optional events](#) will be offered, including the highly regarded ARN Leadership Course and RNF Dinner Symposium.

[Register](#) on or before the **Early Bird Deadline of September 19, 2014** and receive a discounted registration rate.

Check out Team Member discounts for additional savings.

### Hotel Information

All registration, events, and conference sessions will take place at:

The Disneyland® Hotel, 1150 Magic Way, Anaheim, CA 92802

**Rate:** \$174 (single/double)

**Cutoff:** October 6, 2014

**Reservations:** (714) 956-6425 or (714) 956-MICKEY

**Online Reservations:** <https://resweb.passkey.com/go/GDAJ14C> Highlight and click open hyperlink to open.



ARN has secured a limited number of rooms at a special discounted rate of \$174 for a single/double. To obtain the special rate, be sure to make your reservations early and indicate that you are attending the ARN conference. The discount expires **October 6, 2014**, or when ARN's room block has been filled. After that time, higher rates may apply.

**UNITED AIRLINES** is offering special meeting discounts for attendees for this meeting.

You may book online at [www.united.com](http://www.united.com) and enter your Offer Code ZR8A883560 in the Offer Code box when searching for your flights.

If booking through a travel professional or United Meetings at 800/426-1122, please give them the following information:

**Agreement Code:** 883560 **Z Code:** ZR8A

Outside of the United States, please call your local United Airlines Reservation Office. Experience dependable, first-rate service and earn miles in MileagePlus, United's award-winning frequent flyer program. To enroll in MileagePlus, log on to [www.united.com](http://www.united.com).

### Ground Transportation

John Wayne Orange County Airport (SNA). Travel Distance: Approximately 14 miles. Options for getting to and from the hotel include:

**Avis Rent A Car:** Contact:(800) 831-4847. **John Wayne Airport Disneyland Shuttle Service:** Fee: Approximately \$8 one-way or \$16 round-trip for a shared van. Approximately \$57 one-way or \$114 round-trip for a private van. Hours: 24 hours Travel Time: 25 minutes

Contact: (949) 586-4347; Reservation Required Can be done online: <http://snashuttle.com/index.html>