



FSARN

Florida State Association of Rehabilitation Nurses' Newsletter

Volume 21 Issue 3

November 2011

Mission Statement: The Florida State Association of Rehabilitation Nurses promotes and advances professional rehabilitation nursing practice through education, advocacy, collaboration and research to enhance the quality of life for those affected by disability and chronic illness.

President's Message

Suzanne Sharman, RN, CRRN, CDMS, CCM FSARN President

Since my last message my understanding of the role of the rehabilitation nurse has become extremely personal from the other side so to speak.

I was involved in a serious accident at the end of July and was a Level I Trauma, unconscious patient.

This required in-patient trauma care, surgeries and in-patient rehabilitation with on-going out-patient rehabilitation.

I always knew that our specialty had many unique qualities seen nowhere else in nursing. My experience has proved that many times over.

The rehabilitation team tended my every need and always anticipated my concerns and challenges.

From day one, my colleagues made themselves available in every way possible and at any time.

I have NEVER in my life experienced such an overwhelming outpouring of human kindness.

I should like to thank each and every one of you!

My experience will now make me so much more aware of the way our clients need such delicate care in their early fragile state and later when they wish to progress and need patience first and foremost.

Patience is not one of my own virtues!

By the time you receive your newsletter, ARN's 37th Educational Conference will be a happy memory for those who attended. I hope that as many as possible took my challenge. Unless you experience a National Conference for yourself, you will not feel the energy and excitement of our chosen specialty in the same way.

Our own State Conference planning is well under way for May 2-4, 2012. Please look for all the details in this newsletter and plan to meet me there for a bug hug!

Again, many thanks to my Board, committees, and members for picking up and doing my job and continuing to make our Chapter the strongest in the Nation.

See you ALL in May. Be There!

2011-2013 FSARN Board of Directors

President

Suzanne Sharman, RN, CRRN, CDMS, CCM
(c) 954-647-6344
(f) 954-485-6101
ssharmanflorida@gmail.com

President Elect

Barbara Martelli, RN, CRRN
(w) 954-742-7999
(c) 954-258-9370
Barbara.Martelli@Healthsouth.com

Recording Secretary

Donna Bagley MSN, RN, CRRN, CNML
11388 NW 18th Manor
Coral Springs, FL 33071
(H) 954-234-0260
(F) 954-796-8436
Donna.Bagley@holy-cross.com

Corresponding Secretary

Dawn Etman BSN, RN
(c) 727-599-6404
(w) 813-396-6217

Treasurer

Lois Hohl, RN, CRRN
(h) 941-378-2606
(w) 941-917-6282
Hohl1@aol.com

Nominating Chair

Sue Brown, MSN, RNC, CRRN, CCM
516 SW 72nd Avenue
North Lauderdale, FL 33068
(c) 954-829-6185
(h) 954-721-9620
suebrowncrrn@gmail.com

Past President

Kevin Glennon, RN, BSN, CDMS
(w) 407-831-7331 x1104
(f) 407-834-9169
(c) 407-448-5879
ktrnnewtms@yahoo.com

www.fsarn.org

FSARN Educational Conference Update

Barbara Martelli, RN, CRRN

President-Elect

The conference committee began planning for the 35th Annual Educational Conference while the 34th Annual Conference was still in session.

“Resilience in Rehab...Refining Skills for Success,” will be held May 2-4, 2012 at the Wyndham Resort Lake Buena Vista, FL. The education committee has been busy with the task of selecting new and innovative topics and finding knowledgeable and dynamic speakers to present the information.

We will again have a Wednesday evening program with Lisa Pervin, RN, CRRN, PhD speaking on Domestic Violence. For the second hour, we will have an attorney from the Orlando area, Benjamin Newman, Esq. discuss Wound Care Documentation.

The committee is still in the process of confirming speakers. ARN President Kathy Doeschot RN, CRRN, will address the participants on Resilience in Rehab. Some of the topics that will be presented include: Total Knee Replacements, Service Animals, Alzheimer's vs. Dementia, Hand Transplants, Hyperbaric Therapy and Bone Healing, and Hypothermia Treatment of Spinal Cord Injuries. Additionally, this year there will be breakout sessions specifically designed for the IRU nurse on Functional Independence Measures.

A Poster Presentation/exhibition will offered again for the 3rd year. We anticipate this year to be the most successful yet! Please refer to the box below for additional information. Suggested topics include case management initiatives, research findings, fall prevention, staff retention/education, reduction of infection, DVT prophylaxis, or any innovative strategy that your organization has used to solve a problem. This is your opportunity to shine and take credit for your hard work! Deadline for abstracts is March 1, 2012.

CALL FOR POSTERS

The Florida State Association of Rehabilitation Nurses are pleased to announce a call for posters for the 2012 Spring Conference, “Resilience in Rehab...Refining Skills for Success” held May 4-6, 2011 at the Regal Sun Resort, in Lake Buena Vista, Florida.

All abstracts must be submitted by March 1, 2012: In 250 words or less on plain paper using Times New Roman size 12 single space, describe your presentation. All presentations must avoid commercialism. Advertising matter that in any way promotes the commercial interest of a particular company, enterprise, or the author(s) may not be distributed or displayed. Statements made in the presentation are the sole responsibility of the author. All information provided on the abstract form will appear in the conference materials exactly as you have typed it.

The deadline for submission is March 1, 2012 (Post Mark Date): Send Abstract with CV to: Ina Fletcher, ARNP, MSN, CRRN, RNC

2836 NE 33rd Street
Lighthouse Point, FL 33064

Email is acceptable: Email to inafletcher@comcast.net

Posters: Are a visual presentation only. We strongly encourage all members to submit poster abstracts related to Rehab Nursing. Poster Judging at Conference: All posters will be judged by attendees.

Responsibility for Expenses: The Conference gives rehabilitation professionals the opportunity to present their work within an atmosphere of support by peers. Presenters are responsible for their posters that must be table top ready. Expenses such as travel, hotel and meeting registration fees are also the presenter(s) responsibility.

Notification: Letters or emails of acceptance and non-acceptance will be mailed to the primary presenter on or before April 1, 2012.

A minimum of 10 posters is required to offer a CE credit at the conference. Please take this valuable opportunity to enhance your resume and gain experience in presenting your work.

If you have questions: Please call Ina Fletcher at (954)649-4243 or email at inafletcher@comcast.net.

The initial vendor letter went out via constant contact on October 26, 2011. This year we are offering a **\$75.00 discount** to the vendors that pay their registration by February 1, 2012. Anyone interested in exhibiting at the conference should contact Jennifer David, Vendor Chair, at Jennifer.david@gentiva.com or call her at 407-880-3242 or Anabel Velazquez, vendor committee, at anabel_velazquez@yahoo.com or call at 407-677-8585.

FSARN is implementing the PayPal system in 2012 which will allow both participants and vendors to pay via credit card on line. We are really excited about this new undertaking as it will add to our efficiency and be a time saver for all involved.

Please visit www.fsarn.org for up to date conference information as it becomes available. Conference brochures will be available after the first of the year. Please share this information with your colleagues. Get the BUZZ started as this promises to be a conference you don't want to hear about later-You want to be present and accounted for!

Wheelchair Basketball in Broward

Susan Krinsky, RN, CRRN

One year ago, Broward formed a wheelchair basketball team. In August 2011, they became one of four teams in Florida to be sanctioned by the National Wheelchair Basketball Association. The team consists of 17 men and one woman from all over South Florida and range in age from 16 to 60.

When you watch these people play basketball you see the player and not their wheelchairs. The sport offers the players to realize that their injury does not prevent them from participating in competitive sports and other activities. Life is not over because of their physical limitations. Players find that being on the team helps them discover that “life is not over, just a little different.” As rehabilitation nurses, we need to be familiar with options available to share with our patients to help them realize options available to them.

To read more about this team you can go to <http://www.sun-sentinel.com/news/broward/sunrise/fl-sunrise-suns-20111017%2c0%2c4930304.story> for the complete story and a video.

Congratulations to Susan Krinsky, RN, CRRN

HealthSouth Sunrise Rehabilitation Hospital, Sunrise Florida.

Sue was chosen as one of three finalists in the category of Community Service for the NURSE.com Nursing Excellence 2011 Award for her work in the Spinal Cord Injury Support Group.

Health Care Policy

At the ARN Conference in Las Vegas last month, Jeremy Scott, ARN lobbyist, informed us that nothing is happening on the hill. His presentation focused on teaching us how to use social media to communicate to our legislators and achieve the most updated legislative happenings. We learned about tweeting and he encouraged everyone to start tweeting with their legislators.



**Holy Cross Hospital/Florida State
Association of Rehabilitation Nurse
CRRN Review Course**
Donna Bagley MSN, RN, CRRN, CNML

On October 14-16, 2011, Holy Cross Hospital and FSARN were proud to offer a CRRN review course. There were 42 participants that attended this event and most the participants are planning on taking the CRRN exam, December 2011. Lisa Pervin, PhD, RN, CRRN, President of Best Business Practices Consulting, Inc., (pictured below) presented the material for this course. Lisa Pervin has over 30 years rehabilitation experience and has been teaching this course since 1990. Participants of this course felt that Lisa did an excellent job presenting the material for this event and many stated they look forward to hearing her present other subjects in the future.

Holy Cross Hospital and FSARN would like to thank everyone that attended this course. We would also like to thank everyone that worked to help make this event a success. Good luck to everyone that is planning to take the CRRN certification in December. Photography courtesy of Robert Mayer, Holy Cross Hospital.



**Florida State Association of Rehabilitation Nurses
Newsletter Advertising**

The FSARN Newsletter is currently published three times yearly: March, July and November.

It is distributed to members and rehabilitation professionals throughout the state. The newsletter and association is a not-for-profit organization with the purpose of providing educational information, professional events, updates and resource information. The closing date for submitting articles, advertisements and other professional information is the 15th day of February, June and October.

Rates: Computer Generated (Quark Xpress), High Res Adobe PDF, or MS Word (text only) advertisements only
Business Card Size (2x3) - \$35/issue
Quarter Page (4x5) - \$80/issue Half Page (5x6.75) - \$135/issue
All prices listed are for inside pages only.

Ad acceptance is subject to the discretion of the Board

For more information, please contact:
Sue Brown, FSARN Newsletter Editor
516 SW 72nd Avenue, North Lauderdale, FL 33068
Phone: (954) 829-6185 E-mail: sueebrown@att.net

Board members maintain throughout the year a process of disseminating new information and decision-making via telecommunications.

ARN Conference 2011

Barbara Martelli, RN, CRRN
President-Elect

I had the pleasure of attending the ARN conference November 2-5th in Las Vegas. This was the 37th Annual ARN Conference and it opened with Go-Go dancers gyrating to the music of Elvis Presley singing "Viva Las Vegas". What a hoot!

This was my first trip to Vegas and my 3rd ARN conference. I wish I could tell you I hit the jack pot and came home with lots of dough, but that was not in the cards. I did come back though energized about our profession. There were 980 nurses from across the nation in attendance and I had the opportunity to meet several of them and talk about our common experiences and concerns related to working in the rehab profession. I was especially happy to learn there has been a real upswing in interest for becoming a CRRN. In 2010 there were 1333 nurses that sat for the exam with a 77% pass rate. It was also great to learn that employers are recognizing the value of the CRRN and incentivizing nurses to pursue this professional credential.

Nancy Donaldson, DNSc, RN, FAAN, the keynote speaker, spoke eloquently on "Seizing the Transformational Moment". The focus of her topic was on global healthcare imperatives which include access and equity, cost containment, quality and safety, and clinical effectiveness and outcomes. She discussed how critical accountability and transparency will be going forward and that "now more than ever before, nurses have the opportunity to contribute to, and in many instances, lead the transformation in American healthcare". The conference provided a wide variety of topics to draw the interest across the rehab spectrum including sessions on Stroke Practice Guidelines, Polypharmacy: Risks and Benefits, Bariatric Ergonomics, Neuroplasticity: Theory to Practice, to name a few, as well as numerous paper presentations. There were 86 posters from colleagues across the country with the People's Choice Award going to Female Sexuality after Spinal Cord Injury.

I have to say it was a pleasure and honor to attend the national conference as President-elect of FSARN. I am very grateful for having had the opportunity to glean more knowledge from attending the conference, meet new colleagues and exchange ideas with other rehabilitation professionals. I also had a great time seeing the sites in Las Vegas and sharing the experience with good friends. I will forever live by the motto: "What happens in Vegas stays in Vegas".

This year FSARN provided 6 scholarships to the ARN conference. Next year I would like to see at least 10 of our members attend the conference which will be Oct 3-6, 2012 in Nashville, Tennessee. Make a commitment now to be there!

MileStone Healthcare will continue to do webinars into 2012 and will offer contact hours for nurses and therapists. Topics and dates will be forthcoming as they are planned. If anyone wanting their name on the webinar list for next year, please email Lisa at: lpervin@milestonehealth.com or wait for the email blast from FSARN

**Get Well Wishes to
President Sue Sharman as
she continues her
rehabilitation journey**



SOME WORDS ABOUT BEING A REHABILITATION NURSE

FROM OUR FSARN SCHOLARSHIP APPLICANTS

I had the privilege of earning my Certified Rehabilitation Registered Nurses in 1995 and my profession as rehabilitation nurse has grown ever since. I joined my local chapter BARN, FSARN and ARN at that time. Becoming a trilevel member enabled me to meet and network with rehab colleagues from different rehab venues and share professional experiences. I became an officer of BARN in 1996 and since then have continued to be involved with BARN, FSARN and ARN. The relationships and friendships I have cultivated have been rewarding and fulfilling. Rehab nursing has empowered me to be a geriatric nurse liaison, telephonic nurse case manager, triage nurse, and field nurse case manager. All of these opportunities have expanded my role and my capabilities as a rehab nurse. They have contributed to making me the best rehab nurse ever!!

Denyce Bensen
Broward District

I am a nurse. I am a rehab nurse. I think I have always been a rehab nurse although I have only been certified for 2 years now. I work on a unit that treats TBI's, SCI's, and various other injuries. I have found that this area is special. The patients and their families that we support need us. That need drives me. I need to be at work. I need to see these tragic lives put back together. I need to help. It makes me see possibilities in myself, in others, and gives me hope for the future. The names and faces of the many patients I have seen have been mostly forgotten but their stories and their journey to recovery will always stay with me and provide me with the strength to go in each day to do what we do. We help. It's not everything but it's something; an important something; a respected something. It's something to be proud of. I am a rehab nurse.

Kristin M Tomassini
Central Florida District

Patient Takes a Special Place in Nurse's Heart

Having been a rehabilitation nurse since 1999, many patients have crossed my path. However, there is one patient in particular who has taken a special place in my heart. Back in 2008, I met A.G. a young SCI patient who came to our unit for rehabilitation following an accident while he was at the beach one day. He and his friends had gone to the coast that April afternoon to enjoy the weather. Unfortunately, a wave knocked him over in such a way that forever changed his life. His injury resulted in C-5 Quadriplegia. His hospital course had been complex as there was difficulty weaning him off the ventilator and then a questionable discharge plan. While A.G. lived and worked here in the states, his family was down in Brazil. I will never forget the first time that I took care of A.G. It was a Sunday, several days after he was admitted to our unit, and I found him sitting up in his wheelchair at the window looking out and crying. I took one of his hands and just let him cry. When he was done, we talked about the fact that while his life has forever changed, he was alive and he needed to celebrate that.

Over the next two months, I took care of A.G. as one of the patients on my team. I got to know him as a person and to know his friends who were a constant source of support. I also met his wonderful sister who came up from Brazil to be trained to be his caregiver. We found out during the course of his rehab stay with us that he was eligible for continued rehab back in Brazil. While waiting to make plans for the transfer down to the facility in Brazil, I learned a lot about a country that I have never been to. A.G. always helped to make me smile, even on difficult days. I happened to be working on my birthday while he was on our unit. At the end of the day, he and his friends surprised me by singing "Happy Birthday" in Portuguese to me as well as giving me a box of special Brazilian candy which I shared with my co-workers. I remember well the day that he left in preparation to fly down to Brazil. He again had tears in his eyes but they were tears of thanks for the care and support that he had received during his stay. He promised to stay in touch and keep us posted on his progress.

Months passed and there was no word. Then, all of a sudden, there was an e-mail telling us all about his progress. He explained how different things are in Brazil and how his electric wheelchair that he received here is one of a kind down there. The narrow streets of his old town have presented a challenge since there is no ADA to enforce rules on accessibility. He has progressed by leaps and bounds and continues to update us through social media like Facebook. He is hopeful that one day he will be able to move back to Central Florida. In the meantime, he remains one of those patients that when I think about him I smile and am proud to be his "favorite" rehab nurse.

Gillian C. Smith, MSN, RN, CRRN
Central Florida District

It all started when I was a senior in high school. My mom told me about a job as weekend courier at Brooks Rehabilitation Hospital, where she worked. As a senior in high school I was not sure what I wanted to be "when I grew up". I started as weekend courier, transporting patients to and from therapy. As the school year came to a close, my nurse manager asked if I would be interested in cross training as a unit secretary, I thought about what the opportunities were and quickly took her up on the offer. I trained for secretary over the summer, and started college in the fall, still uncertain of what I wanted to get a degree in. Several semesters later, after working at Brooks for five years I decided to follow to in my mom's footsteps, and become a Registered Nurse. It took me some time to finish my prerequisites, but in the summer of 2006, I submitted my application

continued on page 6

2011 ARN Conference

Sue Brown, MSN, RNC, CRRN, CCM

FSARN was well represented at the 2011 ARN Conference in Las Vegas. Ina Fletcher ARN Chapter Liaison and Donna Bagley FSARN Recording Secretary each "manned" a table at the ARN Leadership Reception. Ina facilitated discussion on Virtual Meetings and Donna and her husband Charles, demonstrated web site development. Several members presented posters including Diana Allen, Carrie Franklin, Susan Heroy, Gillian Smith and Joanne Stevens Hoertz. Two FSARN members received prestigious Role Awards. Karen Reed (University of Florida) received the Educator Award and Barbara Lutz (University of Florida) was awarded the Doctoral Prepared Researcher Award. Other members in attendance included Denyce Bensen, Sue Brown and Kevin Glennon. Omira Riana, a First Time Conference Attendee, from HealthSouth Sunrise Rehab Hospital also attended the conference and shared in the excitement!



Donna Bagley at the round table demonstrating web site development

District Development “Organizing an Educational Meeting”

Sue Brown, MSN RNC, CRRN, CCM

Prior to organizing a meeting; it should be determined whether or not the meeting is to be a one time only event, or if subsequent meetings will be held. If subsequent meetings are to be held; establish a schedule, monthly or quarterly. If meetings are any less frequent; it will be difficult to develop a following. It is suggested that meetings be held on the same day of the month, such as 3rd Wednesday of each month. This helps people to remember that your organization is having a meeting and to plan to attend.

Locations may vary as well as time of day that meeting is scheduled.

Do your research about other organizations' meetings that are held in your area that may attract the same group of participants that you are hoping will attend your meeting. Avoid scheduling meetings on the same day or even in the same week. With rare exceptions, professionals are not able to commit to more than one meeting a day! You may determine that it is beneficial to vary the time of day that you have meetings. Some groups do very well with breakfast meetings and others do better with lunch or evening meetings.

This depends largely on work schedules of your potential attendees. If your organization is targeting nurses that work a 9-5 schedule in an office setting; then a breakfast meeting that they can attend on their way into the office may be ideal. Nurses that work in an inpatient setting may be able to attend a meeting held within their facility at lunch time or early afternoon. It may be best to coordinate the time with a nurse manager from the facility. Nurses that work a 7-3 shift may prefer a late afternoon/dinner meeting.

You will also need to decide if meetings will be held at the same location each time; or whether the location will vary. This may be dependant on space availability. You should not pay for or rent space for meetings. If the geographical area that your membership covers is large, it may be a good idea to have meetings at various locations during the year.

Vendors and facilities may offer to host meetings at their facilities or location of their choosing and will often provide a speaker on a topic that features some aspect of their organization. This is a great way to provide education to your membership at no cost to the organization. However, the host must be aware that the focus of the program is educational and must be approved for contact hours. Topics should be of interest to rehabilitation nurses such as: cutting edge technology, advanced surgical procedures and new therapeutic modalities. Require that they submit the Curriculum Vitae of the designated speaker as well as the program content including objectives, outline and current bibliography to you more than 60 days prior to the program. Please visit the website for additional information on approval of continuing education programs at

www.fsarn.org If the vendor hosts a meeting at their facility, they can offer a tour or show off a new piece of equipment.

Plan your meetings several months or more in advance. This allows you ample time to advertise. Always have information regarding the upcoming meetings available at each meeting. Send reminders our via email. Use flyers to alert nurses at facilities and insurance companies that you may not have email addresses for. Also advertise your meetings in the FSARN newsletter and on the FSARN website. Constant contact is also available to the districts. Please contact Linda Bertino at rainbeaus@msn.com

Try to attract attendees by encouraging nurses at host facilities to attend. If an outpatient center or physician office is hosting a meeting, encourage them to invite case managers and others that they would like to include. You may gain a few members this way. Also, encourage everyone to introduce themselves at the beginning of the meeting, exchange business cards, etc. Continued attendance will be based on whether or not the participants felt like the educational session was worthwhile; the group was welcoming and that there are networking opportunities available.

After each meeting, review the program evaluations and make adjustments as necessary. Good Luck and Best Wishes for many successful meetings!

**Get Well Wishes go out
to Linda Bertino who is
recuperating from
surgery.**

**Broward Association of
Rehabilitation Nurses
Annual Educational
Conference**

**“Rehabilitation Update 2012”
Friday, March 2, 2012
Fort Lauderdale Marriott
North
Fort Lauderdale, FL**

**Contact Information:
suzannesharman@regalhomeservices.com**

**Condolences to Susan
Krinsky whose Mother
passed away this
summer.**



District Updates

Broward (BARN)

BARN continues to meet on the 3rd Tuesday of the month at various locations throughout the county. The November meeting is hosted by CORA Health on November 15, 2011

11:30-12:00 Registration and Lunch

12:00-1:00 Meeting/CEU

Speaker: Augustine Bollo, D.P.M.

At DCOTA, Bistro D Restaurant

1855 Griffin Rd.

Dania Beach, FL. 33004

954-920-7997

RSVP inafletcher@comcast.net

The Holiday Luncheon and Installation of Officers will be held December 2, 2011 at the Fort Lauderdale Marriott North, please visit the website www.browardarn.org for additional details.

The conference committee has been busy planning for "Rehabilitation Update 2012." Brochures will be available at the Holiday Luncheon and on the website.

2012 Meeting dates, locations and topics will be posted on the web site as they become available at: www.browardarn.org

Central Florida (CFARN)

Current number of members:

Tri-level 17

Associate-19

Meetings are held the third Friday of each month 7:30-9:00am at Total Medical Solutions in Sanford. Average number of attendees per meeting 18-20. Total Medical Solutions has relocated to Lake Mary.

November 18, 2011 - Exercise and Diabetes

Presented by Katherine Nedved

December 16 - Christmas Party

North East (NEFARN)

We continue to meet the 4th Monday of the month with an educational CE program and business meeting followed by networking. There was a request from several rehab nurses who want to be involved and attend meetings but unable to attend our meeting at 5pm due to work schedules. The members have voted to hold 2 meetings per year during the early afternoon. The exact time, location and meeting format will be finalized at the October meeting. A letter was sent to all current members to advise of this upcoming change and requested to submit their input if unable to attend the October meeting.

An election committee has been appointed and a slate of officers is currently being prepared. The ballots will go out the beginning of November and installation will be held at our Holiday Party, December 12th. Additional activities at the party will be discussed and finalized in October. We do not meet in November due to the Holiday Party and regular monthly meetings will resume in January.

Tallahassee (TARN)

December 6th will be our annual Holiday Dinner/Party at Food Glorious Food.

Our 2012 meeting dates are tentatively scheduled for the following Tuesdays: March 13, June 12th, September 11 and December 4th. We are considering presentations on Pain Management, Setting up a Case Management Program., and Rehabilitation of the Lower Extremities, to name a few.

Nomination of officers and elections are planned for the year end. The Christmas meeting will take place on Dec. 6th with Ruth Beck, RN, CRRN, MSW, QRP of Beck Rehab Services giving the educational presentation. The Business Meeting will start at 4:40pm, Presentation and Dinner at 5:25 pm.

West Coast (WCARN)

July – September, 2011

WCARN met monthly in this quarter with the exception of August due to unanimous attendee decision.

In-service/Educational opportunities presented to membership this quarter:

July 18th, 2011 • CEU and/or speaker programs offered for each future meetings; possibilities include: Communicare, Spinal Cord, FFAST, Pediatric speaker from Shriners, Hyperbaric, neurogenic bladder.

• WCARN membership/renewal applications collected.

• Attendees voted to hold meetings every other month in order to not put too big of a burden on membership as far as work schedule and travel issues. Agreement for odd months with an additional gathering in December for the Holiday celebration.

Sept. 13th, 2011 • CEU Presentation: Marc Reiskind, M.D., Medical Director for Bayfront Rehabilitation Center and Neuro Restorative in Clearwater. Sponsored by Tammy Boyd of Neuro Restorative, which specializes in brain and spinal cord injury rehabilitation.

• Discussion on Transition of Care Webinar presented by FHA.

Oct. 3-5th, 2011 • Rehabilitation Nursing Core Curriculum sponsored by WCARN Consortium to be held at Hyde Park Village TGH Community Health Education Center in Tampa. Info and registration forms distributed in Sept. 13th meeting.

Open discussions by membership this quarter:

continued from page 4

to the nursing program at FCCJ. I struggled through school, working full time and having a young child at home, but in December of 2007, I finally graduated with an Associate Degree in Nursing from Florida Community College at Jacksonville. My colleagues at Brooks took me under their wings to train me in my new endeavors. I am currently a Registered Nurse on the Spinal Cord Injury floor at Brooks Rehabilitation Hospital in Jacksonville, Florida. I am currently studying to take my CRRN exam in December of this year and I am currently returning to school to obtain my BSN, at Florida State College at Jacksonville. I have learned a lot from the conferences I have attended thus far and look forward to expanding my knowledge and learning something new each day.

Carrie Franklin, RN

Northeast Florida District

I have been blessed to have found my true calling. I work at Brooks Rehabilitation Hospital in Jacksonville, Florida. I had no idea that I would ever be here. As the story goes I was working CCU/ Telemetry at a local hospital, when I had a very hard time in my life, a divorce, and was left with three small children. I went to Human Resources and explained that I was unable to work twelve hour shifts any more and asked for a transfer. The only place that had eight hour shifts was the rehab unit next door. I applied to the stroke unit, and here I am today. I feel as though I was just a seed and now I am a great tree in a great forest of rehabilitation nurses! Here we do not eat our young, but help to guide them, support them and encourage them to join our rehabilitation nurse family. I have been at Brooks for nineteen and a half years. I have had my CRRN for ten years. I have been an active tri-level member of ARN. I am currently pursuing my BSN from Florida State College of Jacksonville.

Diana Allen RN, CRRN

Northeast Florida District

**Our Sincerest
Sympathy to Jennifer
David who recently lost
her Mother**



FSARN Advisory Board

Linda Hennig, PhD
UCF School of Nursing
P.O. Box 162210
Orlando, FL 32816-2210
407-823-5848
Linda.Hennig@UCF.edu

Gary Newcomer, MD
First Care
4343 Newberry Road
Gainesville, FL 32607

Renee Steele Rosomoff
MBA, RN, CRC, CDMS, CRRN
Comprehensive Pain and Rehab
Center, 250 W. San Marino Dr.,
Miami, FL 33319
305-532-6281
hrosomoff@aol.com

Susan M. Scribner
Scribner and Associates
1240 E. San Antonio Drive, #311,
Long Beach, CA 90807
562-618-6618
Scribnerearth@earthlink.net

Membership Information

ARN Membership - \$115/year
Florida Chapter fee - \$10
ARN - 1-800-229-7530
Update your personal information
and changes with ARN, then notify
FSARN Membership.

District Contact Information

Broward:
inafletcher@comcast.net
Central Florida:
Jennifer.David@Gentiva.com
Dade: annle@BaptistHealth.net
North East: rainbeaus@msn.com
Palm Coast: gatorkak@aol.com
South West: gaylefoxrn@embarqmail.com
Sun Coast: marpoo9@netscape.com
Tallahassee: jeanneschundler@gmail.com
Volusia-Flagler:
marianne.marzinko@halifax.org
patrick.meehan@fhmd.org
West Coast: Dawnetman@mailuch.org

FSARN Membership

Linda Bertino, RN, MSN

Membership Chair

Our current membership is 421 with 336 tri-level members and 85 prospective members. This is a slight decrease from August (435 with 323 & 112). We have a ways to go to reach the original goal set 2 years ago of 500 members by the May 2012 conference. To reach this goal we need only 79 new members. Challenge yourselves to try to get at least one new member during the next 6 months. Remember, if you refer a new member, you are eligible for the "Magical Membership Challenge". In addition, ARN offers a free membership month on your renewal for every member you refer. I thought of reducing the number but we are one of the strongest ARN Chapters and we are capable of doing this. So, let's all reach out to our colleagues and achieve our goal of 500 members by the May 2012 conference. The "Magical Membership Challenge" information can be found on our web site <http://www.fsarn.org> under Membership.

Communications

Linda Bertino, RN, MSN

Bylaws Chair

The email Blasts sent by FSARN contains current and important information. These emails are set up with direct links for easy access to additional information to minimize your time. After the first of the year, these emails may be more frequent for a few months with information about our Annual conference in May and the BARN and SE Regional Conferences. If you are not receiving these emails, please be sure to check the email address you are using. Some company servers will automatically block these messages. If this is the case, please consider changing to a personal email address.

If you have any input about these messages, please let me know so I can make them as informative and painless as possible!

Webpage

Linda Bertino, RN, MSN

Webmistress

Have you visited our web site recently? There have been numerous changes made to make it more user friendly. We have checked all the current links to be sure they are all still current and active. The links to different pages have been reorganized to make it easier for you to find what you need. We have gotten a Facebook page started but had some technical issues so it was temporarily removed from our web site. The issues have been resolved and the new Facebook link is up and working! I appreciate your patience.

In addition to the changes, we have information about the upcoming 2012 conferences: FSARN, BARN & SE Regional. I hope these changes help with your navigation of our web site and appreciate any ideas and suggestions you have for the site. Did you visit a link that you thought had very good information and was a good resource for rehabilitation nurses? If so, let me know and I will consider adding it to our web page links. Do you have anything special going on in your district? There is a place for your information on the web page and could possibly be sent out as an email Blast. Afterall, the web page is to provide current rehabilitation information for the benefit of our members and other people interested in the field of rehabilitation.

Scholarship Update

Karen Dimick, RN, CRRN

Scholarship Chair

We awarded 5 scholarships to the ARN conference.
Need CEU's for your CRRN renewal? FSARN is offering scholarships this spring to the ARN Region 3 conference April 25th - April 27th in Greenville, SC and the FSARN annual conference May 2nd to 4th in Orlando.

Deadline for the Region 3 conference scholarship is February 27th.

Deadline for the 2012 FSARN conference scholarship is March 19th.

Those wishing to submit an application can upload one from the FSARN website <http://fsarn.org/scholarship.html>

If you use the "word" document link, you can fill it out on line and send via email to FSARN.Scholarship@msn.com

Note that those who have not received scholarship grants in the last 2 years will be given priority





Florida State Association of Rehabilitation Nurses
C/O Sue Brown
516 SW 72nd Avenue
North Lauderdale, FL 33068

FIRST CLASS
U.S. POSTAGE
PAID
Ft. Lauderdale, FL
Permit No. 1856

REGAL

www.regalhomeservices.com

**APPROVED PROVIDER FOR MOST WORKERS' COMPENSATION
& LONG TERM CARE NETWORKS**

Rehabilitation Nurse Owned & Managed

**CALL (954) 714-3333
REGAL'S ONLY NUMBER
FOR BROWARD COUNTY**

LICENSE No. 299990986



**CALL (305) 957-7225
REGAL'S NEW NUMBER
FOR MIAMI DADE COUNTY**

LICENSE No. 299993296

TOGETHER

FSARN CASE MANAGERS REGAL HOME SERVICES

THE BEST RESULTS IN HOME CARE