

Region III Newsletter

Vol 2 ~ No 1 February 2010

Alabama~Florida~Georgia~Kentucky~Mississippi North Carolina~South Carolina~Tennessee~Puerto Rico

Current States & Chapters

Alabama: ALARN

Florida: FSARN

Georgia: GARN

Kentucky

Mississippi

North Carolina Chapters:

- GNCCARN
- Charlotte
- Central Carolinas

South Carolina: SCARN

Tennessee: Volunteer

Puerto Rico

Linda Pierce, ARN President

L.Pierce@utoledo.edu

Lisa Pervin, ARN Director

lisa@bbpconsulting.com

Region III Website:

www.fsarn.org/region3.html

ARN Website: www.rehabnurse.org

ARN Chapter Liaison:

Nicole Wallace

Nwallace@Connect2amc.com

As most of you know, the proposed bylaw changes for ARN that were voted on have passed. There will be a board restructuring where ARN will no longer have Regional Directors but a Board of Directors, non-regionally based. So what does this mean for you? The 'snippet' version is as follows...

- The Board will be skill and knowledge based vs. region based
- There will be six board members instead of eight
- The term of office will be three years instead of two
- The Chapter Liaison Support Committee has been formed and will be contacting the chapter leaders to provide resources for the chapters

ARN will be publishing the full details of the new changes sometime in February for the membership.

The question that has surfaced is whether the regions will go away because of this change? This was a board restructuring intended to better meet the needs of the chapters and carry forth the mission and vision of ARN not dissolve the regions. In fact, if one looks at how the Chapter Liaison Support Committee was designed, it was set up very close to the regions as we know them. The Region will stay intact relative to the membership's commitment to keeping it active. Region III has always been an active and close knit region as we know and that does not need to change and why should it? I would be personally disappointed if that happened as we have all gained so much from each other over the years and I expect the Region III conference to carry on...something to think about...2012 anyone?

Region III Conference: "2010...A Rehabilitation Odyssey"

- Dates: May 6&7, 2010 at the Regal Sun Resort in Orlando
- Great speakers and topics...sneak preview: Healthcare reform, Stroke update, Joint replacements, Pediatric rehab challenges, Narcotic use in rehab settings, Infection control in rehab and the community, Ethical concerns, Cultural issues and discharge planning...and much much more.
- Early registration will begin May 5th in the evening
- An optional (free) contact offering will be Wednesday, May 5th from 6-8pm for two additional contact hours, Domestic Violence and Lateral/Workplace Violence (meets the FL requirement for mandatory education for re-licensing)
- Early registration for ARN members will be \$195 for 12 contact hours (breakfast and sit down lunch included both days)
- Great room rates of \$104-114 per night by early registration date of April 5th.
- 30-40 vendors (spots still available)
- Silent Auction as a fund raiser...bring your checkbooks! (All the chapters will be contacted by this committee for auction donations)

- Poster session for additional contact hours
- Walking distance to Downtown Disney
- I have added the registration form at the end of this newsletter for those who do not want to wait for the brochure...feel free to copy and pass on
- Keep current by visiting the website, www.fsarn.org and look at the Region III page
- Anyone wanting to volunteer, contact me at lisa@bbpconsulting.com. We will need several volunteers to introduce speakers, monitor the room, help with onsite registration, stuff bags, etc...
- Reminders and just in case you did not know...
 - ALARN will do the brochure for which we will send out few 'paper copies' and will mass email most of them so make sure your email addresses are correct with ARN. This will save a lot of money in printing and postage but also allows us to be a little greener.
 - GARN will do the poster sessions (see below)
 - SCARN is handling registrations
 - GNCCARN is helping with vendors.
 - Make sure ARN has your correct contact information for the brochures but it will be posted on the FSARN/Region III website (www.fsarn.org)
 - Vendor and poster submission applications are posted on the website as well
 - Talk with your chapter leaders to find out if there are funds available from past Region III conferences for scholarships
- Posters...
 - We are looking for at least 30 posters for this conference
 - What are we looking for?
 - Successes
 - Best practices
 - Challenges you and/or your facility have overcome
 - An opportunity to highlight and celebrate your successes as well as an opportunity to learn from each other
 - What would be good topics?
 - Anything you have done or changed to meet the requirements of the Final Rule such as team conference, pre-admission screen/pre-admission process, etc
 - Discharge process, FIM scoring, maximizing program opportunities/program success given the current healthcare environment
 - Safe patient handling, infection control challenges, skin care protocols, etc
 - Dealing with challenging patient populations
 - Care giver suggestions/difficult family and/or discharge challenges
 - Better team communication
 - These are just some suggestions...certainly not all inclusive
 - Aren't they hard to do?
 - They do not have to be...you are already choosing something you are familiar
 - They need to be well done so people will gain from them but that doesn't mean expensive or done by an outside or graphic specialist
 - Think of posters you have viewed and what made them good, kept your attention, gained something from?
 - Posters can be as simple or complicated...it is up to you
 - Will contact hours be awarded?
 - Yes, they will. We will award 1.0 contact hour for every 15 posters
 - How can I submit my poster for consideration?
 - Check the FSARN/Region III website for the application
 - Kathy Clark is the contact person for the poster committee (email: Kathy.Clark@dol.state.ga.us; phone: 706-655-5307)

CRRN Exam...

- The next CRRN exam will be held in June, 2010, check the ARN website (www.rehabnurse.org) for the application and information regarding qualifications, etc.
- CRRN Prep Courses: Check the FSARN/Region III website for courses being offered. If know of any, please let me know and will post them. As of this date, there are two, one in Georgia

at RWSIR, end of March (contact Kathy Clarke at Kathy.Clark@dol.state.ga.us). There is also one scheduled in Tennessee middle of March, contact Jeannette Clark at ClarkJG@msha.com

BARN Conference...

The Broward district of FSARN will be hosting its annual conference in Fort Lauderdale Friday March 5th. The brochure for this conference can be found on the FSARN website (www.fsarn.org)

Other information from ARN...

- The ARN Board met in January and reviewed the strategic plan. The discussions were lively, interesting and challenging as we look to meet the needs of the membership and overall organization; how ARN, its membership, and our practice will influence healthcare. Some of the areas we discussed include,
 - Current status of the goals, mission and values set forth by the organization
 - How the Board will proceed this next year to continue to achieve ARN's strategic plan
 - Continue Healthcare policy updates and involvement
 - Focus on membership growth and CRRNs who are not current members
 - Support of appropriate research funding that is applicable to rehabilitation
- The ARN-CAT has been updated and now includes 16 areas of content.
- The PRN Course is now available on CD-ROM and can be purchased at the ARN website. You can purchase the individual or institutional program.
- The Health Care Policy Update page on the ARN website has a wealth of information for you to access and encourage you to do so (www.rehabnurse.org).

Question...

What are you doing as a chapter to grow and retain your members? What strategies have you implemented that have created more value for your members? Please send to me and will put them in the next newsletter. Anything you might be doing could and will be of value to others!

Check out the website for more information regarding any of these conferences and general contact information for the region. Any changes in contact information or officers of your chapters, please let me know and will update the website.

Email with updates, information you want sent out to the region, etc. to lisa@bbpconsulting.com

Lisa Pervin RN, CRRN, PhD, ARN Director

Registration Form

Region III Educational Conference May 5-7, 2010

Name: _____ RN License #: _____
Employer: _____ ARN Member #: _____
Title: _____ Home Phone: _____
Address: _____ Work Phone: _____
City: _____ State: _____ Zip: _____ Email: _____

Please Print Clearly

Certifications needed: CDMS# _____ CCM# _____ (Circle all that apply)

Fee:	By April 5th	After April 5th	
2 Days ARN Member:	\$195.00	\$225.00	\$ _____
2 Days Non-ARN Member:	\$250.00	\$275.00	\$ _____
1 Day ARN Member:	\$115.00	\$125.00	\$ _____
1 Day Non-ARN member:	\$150.00	\$150.00	\$ _____

Make Check Payable to: FSARN (credit cards not accepted) **Total Amount Enclosed:** \$ _____ (No faxed registrations accepted)

Please designate your Professional Focus: Administrative/Management Admissions Liaison Advanced Practice Case
Management/Insurance/Consulting Educators Home Health Care Pain Pediatrics Research Staff Nurse
Subacute

If signing up for only one day: Please circle the day you will be attending THUR FRI (Circle One)
If planning on attending the Wednesday Evening Seminar YES NO (Circle Choice)
(We need to know attendance and interest and materials to provide)

Mail this completed registration form with check or money order (credit cards not accepted) to:

FSARN
c/o Coleen Bronson
506 NW 25th. Place
Cape Coral, FL 33993

Early Registration Discount Deadline:
POSTMARKED BY April 5, 2010

Lunch & Materials not guaranteed with walk-in registration
No Refunds After 4/26/2010