



# FSARN

Florida State Association of Rehabilitation Nurses' Newsletter

Volume 23 Issue 1

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Mission Statement: The Florida State Association of Rehabilitation Nurses promotes and advances professional rehabilitation nursing practice through education, advocacy, collaboration and research to enhance the quality of life for those affected by disability and chronic illness.

## President's Message

Suzanne Sharman, RN, CRRN, CDMS, CCM FSARN President

2013 is going to be a great year for us all at FSARN!

Start planning your year to network and meet your colleagues at our State and National conferences. Monies are available for scholarships so no excuses accepted. In Orlando, May 8th-10th at our FSARN Conference we shall recognize first time attendees and welcome them with something special. Also after the day of learning I promise some real party fun. Everyone deserves a special break this year, so do NOT be left out and reserve your room NOW before space runs out.

**PARTY PARTY!**

This is one conference that you do not want to miss. It is essential that you stay at the Wyndham Lake Buena Vista so that you enjoy all the prizes that will be available this year on site only. Florida is the ONLY State made up of Districts and therefore this year we should like to recognize each and every District attendee with their leaders. This event shall take place over lunch Thursday May 9th.

Also give those coming into our field of rehabilitation the opportunity to attend. Encourage, mentor, offer internships. Let us know your District when you register for the conference. If those new nursing graduates do not choose our field it's our fault for not spreading the word.

Our conference is the place to start !

We are the Chapter that due to our success is asked for advice throughout the Nation. Our Districts, thanks to our dedicated leaders are responsible for making our State Chapter strong. Please reach out to assist Palm Beach and Dade and others trying to reorganize in their respective District areas.

There is no nursing specialty that is as unique as ours. Please encourage your fellow nurses who may not, at this time, be in our field of rehabilitation to attend our conference in May. We promise to make a big fuss of them!

Unless they attend there is no understanding of the personal fulfillment and immense satisfaction received from face to face networking and PARTY PARTY!

Be there in May ; "Generation X,Y and Beyond: Are We Generationally Competent? " Save the Date for fun in Charlotte North Carolina October 2-5th, 2013 is going to be a great year for us all at FSARN !

## FSARN History

Helen Cole

Historian

Hi everyone, I am the new Historian for FSARN. I now have all the FSARN records and want the members to be able to review them at our conference. There are many photos, as you can imagine, back to the beginning. To make this possible, we will now have digital picture frames at the conference, so we can all share in the memories. Thanks to Karen Dimick, who copied all the photos to a disk. She turned an insurmountable job into something manageable. I look forward to having these at the conference for their premier showing. If you have any photos you would like to contribute, please bring them on a disk to the conference.

See you in May and remember to smile when you see me, especially when I have the camera!

**Did you know** that if you attended the FSARN conference annually that you would have enough nursing contact hours to renew your CRRN?

There is an opening for Newsletter Editor. This newsletter is published three times per year. Interested candidates should contact Suzanne Sharman at: [ssharmanflorida@gmail.com](mailto:ssharmanflorida@gmail.com).

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# Advancing Your Career by Advancing Rehabilitation Nursing

Barbara J. Lutz, PhD, RN, CRRN, FAAN

*Editor's Note:* "Career Corner" is a new feature that will discuss evolving roles of rehabilitation nurses and job enhancement skills. FSARN would like to hear from you about how your role has evolved with the many changes in healthcare. Please submit your article to: [suebrowncrrn@gmail.com](mailto:suebrowncrrn@gmail.com)

Aloha from the American Stroke Association's International Stroke Conference in Honolulu which I had the privilege to attend the first week of February. MY ARN colleagues Tami Bakas, Rosemarie King, Elaine Miller, Linda Pierce, Stephanie Vaughn, and I presented on rehabilitation nursing and meeting the needs of stroke survivors and their family members. Another ARN colleague, Terrie Black chaired the State of the Science Stroke Nursing Symposium, which is a day-long pre-conference packed with the latest research and information about stroke nursing care. The symposium was attended by almost 700 nurses. What struck me was that at both the symposium and the main conference there were a number of posters and oral presentations showcasing evidence-based practice and research projects by our nursing, therapy, and physician colleagues from the acute side of stroke care.

This conference is an example of a wonderful venue where ARN members can demonstrate the importance of rehabilitation nursing to colleagues throughout the continuum of stroke care. It is one way to help achieve ARN's core purpose of advancing rehabilitation nursing practice with a goal of integrating rehabilitation nursing concepts into the care for all people. It is also an example of how we can grow professionally, by sharing our knowledge and learning from others. Rehabilitation nurses have so much to offer our colleagues in other disciplines and nursing specialties. We combine skills from acute care, mental health, community health, and pediatrics to help people who are experiencing chronic and disabling conditions, like stroke, reach their maximum level of independence through adaptation, integration, and recovery. In addition to managing complex medical conditions, rehabilitation nurses coordinate care; assist with goal setting; provide information, education, and counseling; make referrals to community resources; collaborate with members of the interdisciplinary team; and advocate for the needs of our patients and their families. While we practice a holistic approach to patient care—attending to body, mind, and spirit—the principles of care that drive our practice are often invisible to others, especially those who have not had the privilege to practice with a rehabilitation nursing philosophy of care.

There are many ways that we can advance the principles of rehabilitation nursing and advance our own professional growth at the same time. Here are some steps to get you started. First, think about what you do or have done in your practice that might be important or interesting for your non-rehabilitation nurses and colleagues from other disciplines to know. Some ideas include the demonstrating importance of including patients and their families in goal setting and decision making; explaining the intricacies of the special care needs of patients with a disabling condition like a spinal cord injury; or presenting the results from an evidence-based practice project on safe patient handling. Once you've developed your list of ideas, think more specifically about what would be important to share with your colleagues outside of rehabilitation nursing. After you have a clear outline of what you want to discuss, think about where you might be able to disseminate your ideas.

The International Stroke Conference is just one example of where we can share rehabilitation nursing concepts with our colleagues across the continuum to improve the quality of care for patients and families. There are many venues for getting the word out about rehabilitation nursing. If you are comfortable giving presentations, then you might consider submitting an abstract to do a poster or oral presentation about rehabilitation nursing practice at a local, regional, state, national, or even international nursing or interdisciplinary conference. If you haven't done this type of speaking before, you might be more comfortable starting with a smaller venue. If so, a good place to start is your local acute care hospital or nursing home. Hospitals and other facilities are often looking for educational programs to offer CEUs and professional development opportunities for their staff. Talk with your colleagues in acute care and other practice areas about topics that would be of interest to them. You can

also partner with one or more of your rehabilitation nursing colleagues and do a presentation together. Another option is to get involved with your local chapter of Sigma Theta Tau (STT) and offer to present a program about rehabilitation nursing at one of their regular or annual meetings. Many facilities and STT Chapters have nursing research days. This is a great place to submit an abstract to present your project or idea. Another venue for sharing your ideas and principles is through publication. You could submit a manuscript for a non-rehabilitation nursing journal or write an article for the STT or other nursing specialty newsletter to promote these concepts. For tips on writing, see the free webinar, *Writing for Publication: Keys to Success*, posted on the ARN website in the "Members Only" section.

We can also advance ARN's core purpose by helping to integrate rehabilitation nursing concepts into nursing curricula. The most recent BSN Essentials (AACN, 2008) for undergraduate nursing education focuses on concept-based learning that crosses populations and settings as a new approach to education. Get to know faculty at your local or regional universities or colleges, and offer to provide a talk about the important concepts of rehabilitation nursing practice and how they can and should be integrated throughout the continuum of care. Student nurses love to hear from practicing nurses about what they do and what they enjoy about their nursing practice. Some suggestions include: developing one or two case studies to present about a particular issue or problem that you faced and discuss how you used your expertise in rehabilitation nursing to solve it; talking about the different needs of specific populations across the continuum of care from acute care back to the community, e.g. focusing on the needs of patients with spinal cord or brain injuries; or presenting the findings from an evidence-based practice project or quality improvement project from your facility.

One of the benefits of sharing your knowledge and demonstrating your expertise with your non-rehabilitation nursing and other professional colleagues is the networking opportunities it provides outside of your local facility. These connections can help to advance your career and provide you with mentoring relationships. My career path blossomed through the wonderful mentors and friends that I have met at ARN and other professional meetings. It is through this network of nursing and non-nursing colleagues that I have found opportunities to share my work and ideas across multiple venues from my local hospital to international meetings, like the International Stroke Conference. If you are interested in professional development and moving your career forward, this is one way to make that happen.

If you decide to take on this challenge, be sure to check out the ARN website for resources about the specialty of rehabilitation nursing. I direct you to documents such as the ARN strategic plan, mission statement, health policy and legislative agenda, issue briefs, and position statements. There are also role descriptions, clinical practice guidelines, patient education resources, toolkits, and a great brochure, *Rehabilitation Nursing Makes a Difference*, available to download and print. Also available, the foundational resource for rehabilitation nursing practice, *The Specialty Practice of Rehabilitation Nursing: A Core Curriculum*, 6th edition and our journal, *Rehabilitation Nursing*. There are many other titles for purchase at the ARN bookstore, including *Standards & Scope of Rehabilitation Nursing Practice*.

There are countless opportunities for all of us to become ambassadors of rehabilitation nursing across nursing and with other disciplines to promote rehabilitation nursing principles throughout the continuum of care. For example, ARN president, Michelle Camicia and past-president, Susan Wirt, recently highlighted how rehabilitation nurses have the expertise to "easily step into the role of the 'nurse of the future'" (p. 1) in the January/February 2013 issue of the *The American Nurse* (ANA, 2013). I challenge each of you reading this to think about ways, large or small, that you can engage in this opportunity to spread the concepts that we know help patients and their families live more independently and improve the quality of their lives. Rehabilitation nursing is not about WHERE we practice, but about HOW we practice – it is a philosophy of care. We believe this philosophy of care should permeate our health care delivery system. So join us in this endeavor of sharing our principles and expertise, and reap the benefits of connecting with and learning from other nurses and non-rehabilitation colleagues to improve the quality of care across the continuum.

#### References:

- American Association of Colleges of Nursing. (2008). The essentials of Baccalaureate education for professional nursing. Washington, DC: Author. <http://www.aacn.nche.edu/Education/essentials.htm>
  - Trossman, S. (2013). "The future is now: Rehabilitation nurses well-prepared for care coordination, team focus." *The American Nurse*, January/February 2013, pp. 1, 6.
- The program also included several sessions and presentations focusing on rehabilitation.



# FSARN Educational Conference Update

Barbara Martelli, RN, CRRN Conference Chair

The 36th annual FSARN education conference is around the corner; don't be left out. *Rehab Nursing: Baby Boomers to Generation X, Y and Beyond...Are We Generationally Competent?* will be on May 8-10, 2013 at the Wyndham Lake Buena Vista Resort. The hotel is within walking distance from Downtown Disney which provides a great escape at the end of the day to unwind and hang out with friends and colleagues. We will once again offer early registration and a two hour "mandatory CE" on Medical Errors Wednesday evening from 6:00 – 8:00 PM. Thursday and Friday will be 2 full days of exceptional educational presentations including topics on generational differences in the workplace, prevention vs. protection regarding falls in the inpatient rehab setting, the invisible wounds of war, new laws and regulations governing controlled substances, and diagnosis and treatment of sports concussion to name a few. This year we are also bringing back the break-out sessions so you can choose to attend a session on FIMS/Leadership or Medicare Set-Asides.

Attendees will have the opportunity to obtain 17 contact hours for nursing and 14 contact hours for CRC, CCM, and CDMS which includes 3 optional CEs through poster presentations, visiting the vendors and/or attending an early morning Yoga class. Don't put it off, register now, it's as easy as one, two, three. By just visiting the web site at [fsarn.org](http://fsarn.org) you will find the program brochure and be able to register on line with the ease of using PayPal.

Looking forward to seeing May 8-10th at the Wyndham Lake Buena Vista Resort!!!

Vendors are allowed 2 conference registrations. If you have anyone from your company attending the conference for contact hours, please ask them to go online to register as an attendee for the conference. This will make it possible for us to have all their information in advance and included in the necessary paperwork. At the payment option, they can indicate Vendor Associate, so that we know they are part of your company. We appreciate your assistance in this matter. The link is: <http://events.r20.constantcontact.com/register?oeidk=a07e70867ku18e1fcdd&llr=jvgm8xcab>

Conference Brochure:

<http://www.fsarn.org/Conference%202013/2013FSARNConfBrochure.pdf>

Attendee Registration:

<http://events.r20.constantcontact.com/register/event?oeidk=a07e70867ku18e1fcdd&llr=jvgm8xcab>

Vendor Information & Agreement

<http://www.fsarn.org/Conference%202013/2013%20VENDOR%20LETTER.pdf>

Vendor Registration

<http://events.r20.constantcontact.com/register/event?oeidk=a07e6ils6s7c7ce5bed&llr=jvgm8xcab>

Posters

[http://members.webs.com/MembersB/EditPage/index.jsp?pageID=293420900&from\\_login=1&resetSession=1](http://members.webs.com/MembersB/EditPage/index.jsp?pageID=293420900&from_login=1&resetSession=1)

FSARN Scholarships

<http://www.fsarn.org/scholarshipapplication.htm>

FSARN Scholarships Applications

<http://www.fsarn.org/ConferenceApplication%2012-1-11.pdf>

**Our hearts and prayers goes out to Cynthia Hernandez who lost her husband**

## Florida State Association of Rehabilitation Nurses Newsletter Advertising

The FSARN Newsletter is currently published three times yearly: March, July and November. It is distributed to members and rehabilitation professionals throughout the state. The newsletter and association is a not-for-profit organization with the purpose of providing educational information, professional events, updates and resource information. The closing date for submitting articles, advertisements and other professional information is the 15<sup>th</sup> day of February, June and October.

**Rates:** Business Card Size (2x3) - \$35/issue, Quarter Page (4x5) - \$80/issue, Half Page (5x6.75) - \$135/issue. All prices listed are for inside pages only.

Ad acceptance is subject to the discretion of the Board.

For more information, please contact: Sue Brown, FSARN Newsletter Editor, 516 SW 72<sup>nd</sup> Avenue, North Lauderdale, FL 33068

Phone: (954) 829-6185 E-mail: [suebrowncrrn@gmail.com](mailto:suebrowncrrn@gmail.com)

Board members maintain throughout the year a process of disseminating new information and decision-making via telecommunications.

# Designing a Professional Poster Presentation

Donna Bagley RN, MSN, CRRN, CNML

The first step and the hardest part of any poster presentation is the topic. If you choose a topic you enjoy or that you are passionate about, the content usually will come fairly easily. After choosing the topic you would like to present, start brainstorming.

Brainstorming is writing down everything that you can think of on the subject. After completing this process, you will need to research the topic to ensure that you have all the information that you need to cover. If you research your subject thoroughly you will have the most up to date evidence based information on the theme of your poster and you will be able to answer questions about the topic when you are presenting the information. It is important to include some of the data in the form of graphs and pictures to make your poster interesting and visually appealing. Do not be intimidated. Most healthcare facilities have resources to assist employees with research. If this is not the case in your organization, just ask for assistance from the people who present at the conferences you attend, officers of your professional organizations or educators.

After you feel you have all the information needed to cover your topic, you will need to decide how you are going to display this material. PowerPoint is a great tool for designing poster presentations. It allows you to manipulate the content in ways that might be impossible in other programs. However, if you are more comfortable with Photoshop or Illustrator then you might prefer to use one of those programs to design your poster. You should save the file once completed as a .jpeg or .pdf file because these are the formats that most print shops are able to work with.

Guidelines for your poster

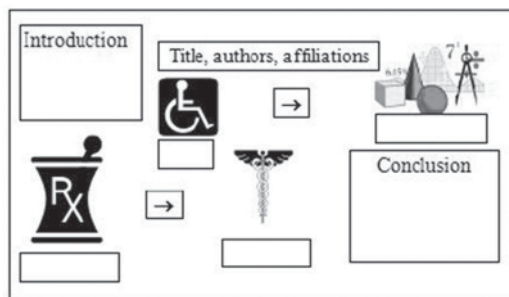
What is the purpose of your poster? This should be defined early. The audience will want to know why you felt this topic was important to present. Why did you choose this topic?

The audience should be able to read and comprehend your topic very quickly. If the poster has too much information you will lose the intended audience.

The title is a good way to engage your audience. It may be the only thing the conference attendee sees before they reach your poster. The title should make them want to come and visit and stay to ask questions.

Just as the abstract of a paper needs to be a summary of the motivation, hypothesis to be tested, major results, and conclusions, so does your poster.

Make sure your font is consistent throughout the poster and that the material presented has a logical flow. It is acceptable to use arrows as guides.



If you have any questions or would like more information on this topic, contact Donna Bagley at [fsarnrecordingsecretary@gmail.com](mailto:fsarnrecordingsecretary@gmail.com). We look forward to your poster contribution at the 2013 Florida State Association of Rehabilitation Nurses Annual Conference.

## District Updates

### Broward (BARN)

BARN continues to hold their monthly educational meeting the 3rd Tuesday of the month. The annual educational conference was held on March 1st, 2013. Meeting dates, locations and topics will be posted on the web site as they become available at: [www.browardarn.org](http://www.browardarn.org).  
Contact info: [inafletcher@comcast.net](mailto:inafletcher@comcast.net)

### Central Florida (CFARN)

CFARN meets regularly on the third Friday of each month in the community conference room at the Central Florida Educators Building located at 1000 Primera Blvd., Lake Mary, FL 32746. CFARN runs a year long drive to collect items for The Russell Home for Atypical Children, concluding with an annual holiday party in December of each year. Contact: [paulette.howard@newtms.com](mailto:paulette.howard@newtms.com)

### North East (NEFARN)

Current Membership: Active: 21

We continue to hold monthly meetings at Brooks Rehab Hospital. Our meeting is generally from 5-6pm with CEU program following from 6-7pm. In December we had our annual Christmas Party held at our annual host's house-Jean Kurkowski. A good time was had by all. We did a service project for a former patient at Brooks who sustained a TBI/multiple trauma who is unable to continue working. The members gave generously Walmart gift cards for the family of 6. Upcoming Activity(s): Plans are in full swing for our CRRN Tea March 19, 2013 from 4-6 pm at Brooks Rehab Hospital. Invitations will be sent out soon.

### Palm Coast (PCARN)

For more information, contact Abbi Bentz at: [abentz@villagehomecare.org](mailto:abentz@villagehomecare.org)

### Tallahassee (TARN)

Current Membership: 10

New officers were elected in Dec. 2012 to serve for 2 years.

A CE calendar has been planned for 2013 and we have sponsors for each meeting. We are actively inviting nurses from the local acute care hospital and rehab hospital to the meetings.

We have decided to invite other rehab professionals (non-nurses) to join us for the CE presentations (Not business meeting portion)

Upcoming Activity(s):

4-9-13 TBA; 6-11-13 update on chiropractic care and techniques; 8-13-13 Orthopedic issues (developing); 10-8-13 TBA; 12-3-13 Holiday dinner

Contact: Candy James at: [janesc@embarqmail.com](mailto:janesc@embarqmail.com)

### West Coast (WCARN)

WCARN currently has 17 members. Educational meetings are held the 2nd Tuesday of every odd numbered month.

Contact: [dawn.etman@ahss.org](mailto:dawn.etman@ahss.org)



Carol Mangan, Sue Brown, Lisa Pervin (speaker) Dencye Bensen, Sue Sharman, Jane Grieger at the BARN Conference  
(picture courtesy of The News)

## Nominating Report

The electronic ballots have gone out and are due back by Friday March 27, 2013. The Installation of Officers will take place during the Annual Membership Meeting on Friday May 10th, 2013 at the Conference.

## Spinal Cord Injury Support Group, Broward Chapter

[Susan.Krinsky@healthsouth.com](mailto:Susan.Krinsky@healthsouth.com)

The Sunrise Suns Wheelchair Basketball Team, a program of the Spinal Cord Injury Support Group, will be hosting the 2013 South Florida National Wheelchair Basketball Tournament on February 9 and 10 at the Sunrise Civic Center Gymnasium located at 10610 West Oakland Park Blvd., Sunrise, FL 33351.

There will be 4 participating Florida teams including the Miami Heat Wheels, Tampa Bay Strong Dogs, Orland's Magic Wheels and the Sunrise Suns. The games will begin at 9am - 5pm on Saturday, Feb. 9th and 9am - 1:30 on Sunday, Feb. 10th. Contact Sue Krinsky at 954-315-3400 for more information.



Ellen Ortu, Ray Brasted, Sue Krinsky at the BARN Conference  
(picture courtesy of The News)

### 2013 SCHOLARSHIPS APPLY NOW AND AVOID THE RUSH!

It's easy to apply! Just go to [www.fsarn.org](http://www.fsarn.org) and click on the "Scholarship Application" link on the left side. Then scroll down the type in the scholarship you want that's highlighted in blue and click on it to bring up the application. Save the document to your computer. Fill it out and then email it back to: [fsarn.scholarship@msn.com](mailto:fsarn.scholarship@msn.com).

This year's deadlines:

Friday March 15th - 2013 FSARN Conference

Friday August 16th - 2013 ARN Conference

Having trouble uploading or emailing? Call Karen Dimick 561-596-3939

## Save the Date 2014 BARN Conference

The Broward Association of Rehabilitation Nurses  
Proudly Presents The Rehab Update 2014

Friday March 7, 2014

Location: TBA

Contact: Suzanne Sharman 954-714-3333

Or

Visit the website

[www.browardarn.org](http://www.browardarn.org)

Details will be provided as they become available

## FSARN Advisory Board

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**Our sincerest  
sympathies to  
Barbara Martelli  
who lost her Mother**

### Membership Information

ARN Membership - \$115/year  
Florida Chapter fee - \$10  
ARN - 1-800-229-7530  
Update your personal information  
and changes with ARN, then notify  
FSARN Membership.

## FSARN Membership

Linda Bertino, RN, MSN

Membership Chair

Our membership seems to be staying around the same level. Currently we have 406 members of which 354 are also members of FSARN. This means there are 52 people who are not members of FSARN. These are the people we need to reach out to, so we can help them understand the benefits of being a member of the Florida Chapter. Some of the benefits are the annual conference, scholarships for conferences, education and CRRN exam fees, newsletter, web site, etc. Check out our web site [www.fsarn.org](http://www.fsarn.org) for additional information.

One of the new additions to the membership is we can now get a list of current Florida CRRNs. We currently have 1010 CRRNs in Florida which is double from 4 years ago. Congratulations to all the rehabilitation nurses that realized the benefit of certification. You are awesome and now need to get your colleagues to join you as a CRRN if not already.

Let's applaud North Central FSARN (Ocala/Gainesville), who is in the process of reactivating their district. Contact Colleen Balesteri at [cbalest@att.net](mailto:cbalest@att.net) for specific information and also watch the District Activities on our web site for updates. There are a few people in Miami/Dade that are interested in reactivating their district also. If you live in that district and may be interested in meeting with your rehabilitation colleagues, please contact me at [rainbeaus@live.com](mailto:rainbeaus@live.com) and I will do my best to help you get back on track again!

Remember every time you get someone to join ARN/FSARN and they use your name as a referral person you get a free month of membership with ARN.

### Mark Your Calendars!

#### FSARN 36th Annual Education Conference

May 8-10, 2013

Wyndham Lake Buena Vista Resort  
1850 Hotel Plaza Blvd  
Orlando, FL 32830

**Rehab Nursing: Baby Boomers to  
Generations X, Y & Beyond...  
"Are we Generationally Competent?"**

For Information contact:

Barbara Martelli: 954-742-7999  
[barbaramartelli@healthsouth.com](mailto:barbaramartelli@healthsouth.com)

**Condolences to  
Grace Perry whose  
Father passed  
away**

## Communications

Linda Bertino, RN, MSN

Communications Chair

You can probably tell by the number of email blasts, it is a busy time of year for FSARN. We do our best to minimize the number of emails we send and we must be doing something right. We average an open rate of 25%, which is greater than other similar organizations. We appreciate your busy schedules and will do our best to continue this process. However, when it is conference time, we want to be sure to get the word out to as many people as possible. Therefore, you may get a few more than usual. We plan an excellent conference for rehabilitation professionals and we want to get the word out to more nurses. We are using social media and other web sites to promote the conference. We are on Facebook and Twitter under Florida Chapter ARN. We are also on Nurses Lounge as FSARN. Please help us spread the word by "Liking" us and sharing the conference. You may also want to share a positive comment about your prior conference experience.

We are using a different conference online registration program this year for the vendors and attendees. It is set up to accept payment with PayPal or you can mail a check. You do not need to be a member of PayPal to use this. Just log in as a "Guest" and it will allow you to make a payment. The online registration should also make it easier for us to have all the necessary information for sign in sheets, CE Sign In sheets and badges.

The web site is routinely updated with information. It also has all the conference information with direct links to registration. The web site has a Job Mart where employers can post jobs for a nominal fee unless they have an employee who is a member of FSARN. Then the posting is free. We are in the process of adding a place for where facilities can provide information about their place. This should be available later this year.

Check out the web page after the conference for updated information and photos. I am open to ideas for our web page and hope you will send them to me for consideration. FSARN is an organization that is successful because of the members. Thanks for all you do to help.

### Members in the Spotlight

The 4th Annual Case in Point Platinum Awards, recognizing case management excellence across the health care spectrum will take place on May 7, 2013 in National Harbor, Maryland. Most of the awards are given to hospitals and healthcare organizations. In the Individual Professional categories, Viki Solomon-Freinberg, RN, MSN, CRRN is nominated for the Workers Compensation Case Management Award. Kathleen Sobczak, RN, BS, CRRN, COHN-S, CNLCP, CCM is nominated for the Social Work Award.



## Rehab Nursing: Baby Boomers To Generations X, Y & Beyond...Are We Generationally Competent?

**Our Goals:** The primary goals for the annual educational conference are to increase attendee's awareness of new trends in rehabilitation healthcare and to support the continued growth of rehabilitation nursing and individual nurses.

**Objectives:** The participant will be able to:

1. List strategies for coping with generational differences in the workplace.
2. Discuss prevention versus protection regarding falls in the inpatient rehabilitation setting.
3. Outline the key components of acute stroke and the impact of treatment outcomes.
4. Verbalize the wounded warrior's struggles returning from Iraq and Afghanistan.
5. Discuss the rationale for elbow replacement surgery in adults and pediatric populations.
6. Identify available free resources to assist your rehab patient population.
7. Discuss new laws and regulations governing controlled substances.

Angela Cantillon, BBA  
The Christopher & Dana Reeve Foundation Paralysis Resource Center

Bonnie Clipper, DNP, MA, MBA, RN, CENP, FACHE  
Medical Center of the Rockies

Harold Lawrence Dalton, DO  
Florida Spine Specialists

Rafael Gonzalez, Esq.  
Gould & Lamb, LLC

Anne Lamberty, BA  
Registered Yoga Teacher at 200 hour level through Yoga Alliance

Adrienne Lauer, EdD, OTR/L  
Nova Southeastern University

Laszlo Miskolczi, MD  
Holy Cross Hospital

Cynthia "Cindy" Parsons  
Wounded Warrior Project

Lisa Pervin, PhD, RN, CRRN  
Milestone Healthcare

Bonnie Petrie, LCSW, MSW  
Broward Health Imperial Point

Pat Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP  
James A. Haley VAMC

Michael D. Riggerbach, MD  
Orlando Orthopaedic Center

Mark Todd, PhD  
Neurologic Consultants, P.A. in Fort Lauderdale

### Wednesday May 8, 2013

6:00-8:00 **Optional** : Mandatory CE for the Florida Board of Nursing: Medical Errors

Lisa Pervin, PhD, RN, CRRN

- 5/8-5/10 Optional 1 CE Poster Presentations running throughout the conference
- 5/8-5/10 Optional 1 Vendor CE

### Thursday May 9, 2013

7:00-8:15 Registration and Breakfast with Vendors

8:15-8:30 Welcome  
Sue Sharman, RN, CRRN, President  
Barbara Martelli, RN, CRRN, Conf.

Chair

8:30-9:30 Leading the Current Generation  
Bonnie Clipper, DNP, MA, MBA, RN, CENP, FACHE

9:30-10:30 Overcoming the "Invisible Wounds of War"  
Cynthia "Cindy" Parsons

10:30-11:00 Break & Networking with Vendors

11:00-12:00 Prevention vs. Protection: Applied to Inpatient Falls  
Pat Quigley, PhD, MPH, ARNP, CRRN, FAAN, FAANP

12:00-1:00 Sit Down Lunch (provided) with the Vendors

#### **TRACK 1**

1:00-3:00 Achieving Compliance: How To Take Medicaid and Medicare's Interest Into Account  
Speaker: Rafael Gonzalez, Esq.

#### **TRACK 2**

1:00-3:00 Leadership and Accountability...The Impact of Accurate FIM® Scores  
Speaker: Lisa Pervin, PhD, RN, CRRN

3:00-3:30 Break and Networking with Vendors

3:30-4:30 Basic Concepts of Elbow Arthroplasty in Adults and Children  
Michael D. Riggerbach, MD

4:30-5:30 The Christopher & Dana Reeve Foundation Paralysis Resource Center: An Overview of Utilizing the Center's Free Resources to Assist Your Patient Population  
Angela Cantillon, BBA

5:30-7:00 Evaluations, CE Certificates and Vendor Sponsored Reception

Please bring your yoga mat for the sunrise yoga and a jacket or sweater for your comfort as the conference room will be air-conditioned and the temperature may vary.



**Registration Form****FSARN Educational Conference May 8 - 10, 2013**

Name: \_\_\_\_\_ RN Licence #: \_\_\_\_\_  
 Employer: \_\_\_\_\_ ARN Member # \_\_\_\_\_  
 Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

<b>FEE:</b>	<b>By April 5th</b>	<b>After April 5th</b>	
2 Days ARN Member	\$225.00	\$250.00	\$ _____
2 Days Non-ARN Member	\$275.00	\$300.00	\$ _____
1 Day ARN Member	\$115.00	\$125.00	\$ _____
1 Day Non-ARN Member	\$150.00	\$150.00	\$ _____

**Make Check Payable to: FSARN** (Paypal accepted online at: [www.fsarn.org](http://www.fsarn.org)) **Total Amount Enclosed:**  
 \$ \_\_\_\_\_

**No Faxed Registrations Will Be Accepted**

**One Day Registrant Attending:** Thurs \_\_\_\_\_ Fri \_\_\_\_\_ **I will attend the Wednesday Seminar:**  
 Yes \_\_\_\_\_ No \_\_\_\_\_

**I will attend the Friday Sunrise Yoga:**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Mail To:** FSARN c/o Peggy Rosier  
 14775 SW 18th Court  
**by April 5, 2013**  
 Davie, FL 33325

**Early Registration Discount Deadline: Postmarked**

**No Refunds After April 26, 2013**

**Friday, May 10, 2013**

- 6:00-7:00 Optional CE: Yoga for all Generations...Caring for Self with Anne Lamberty, BA
- 7:00-8:00 Registration & Breakfast with Vendors
- 8:00-8:30 Annual FSARN Membership Meeting and Installation of Officers  
Open to all members of FSARN and guests. We welcome and encourage all to attend.
- 8:30-9:30 Generationally Competent and Timely Patient Education: Tablet Use Bedside!  
Adrienne Lauer, EdD, OTR/L
- 9:30-10:30 Sports Neuropsychology: Diagnosis and Treatment of Sports Concussion  
Mark Todd, PhD
- 10:30-11:00 Break & Networking with Vendors  
**LAST CHANCE TO REGISTER FOR PRIZES AND BID ON SILENT AUCTION**
- 11:00-12:00 New Laws and Regulations Governing Controlled Substances  
Harold Lawrence Dalton, DO
- 12:00-12:30 Silent Auction Winners Announced, Vendor Giveaway Drawings
- 12:30-1:30 Sit Down Lunch (provided)
- 1:30-2:30 Recent Advances of the Interventional Treatment of Acute Stroke  
Laszlo Miskolczi, MD
- 2:30-3:30 Fearless Caregiving: Stages, Support and Self-care  
Bonnie Petrie, LCSW, MSW
- 3:30-4:00 Closing Remarks Evaluations & CE Certificates

**About the Conference Location...****Wyndham Lake Buena Vista Resort**

**1850 Hotel Plaza Blvd**

**Orlando, FL 32830**

**Reservations: 800-624-4109**

**Accommodations:** A barrier free environment

Single or Double in the tower \$111.00 per night plus 12.5% tax and \$10/night resort fee. Rate can be extended through the weekend at the same rate. Room rates based on availability.

Complimentary self-parking; \$12 valet.

Specifying FSARN 2013 rate guaranteed until 4/8/13

Those needing special accommodations should contact Lisa Pervin at 727-517-6162 or [lisa@bbpconsulting.com](mailto:lisa@bbpconsulting.com)

**Limited Vendor Space is still available for the FSARN Conference**

**Contact Anabel Velazquez at 407-247-1365 or [anabel\\_velazquez@yahoo.com](mailto:anabel_velazquez@yahoo.com)**

**Act Now!**

**CALL FOR POSTERS!**

The Florida State Association of Rehabilitation Nurses is pleased to announce a call for posters for the 2013 Spring Conference, **"Baby Boomers Generation X, Y and Beyond: Are We Generationally Competent?"** held May 8-10, 2013 at the Regal Sun Resort, in Lake Buena Vista, Florida.

All abstracts must be submitted by March 28, 2013. Send Abstract with CV to: Diana Allen, 6415 Temple Rd., Jacksonville, FL 32217. Email is acceptable. All posters will be judged by attendees. A minimum of 10 posters is required to offer a CE credit at the conference. Please take this valuable opportunity to enhance your resume and gain experience in presenting your work. If you have questions: Please call Diana Allen at 904-613-2703 or contact via email: [Dallenrn5@yahoo.com](mailto:Dallenrn5@yahoo.com)

For complete information, go to: [www.fsarn.org](http://www.fsarn.org)





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